

LĀNA'I TODAY

Kert Shuster, owner of Rainbow Pharmacy, wins the 2020 Bob Dominguez Achievement Award

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The Bob Dominguez Achievement Award recognizes pharmacies whose level of care of their patients and commitment to the community are exemplary. Kert Shuster is one of only 50 pharmacists (of 350 nominees) in the United States to have earned the honor in 2020. Shuster's Rainbow Pharmacy team includes Nyssa Barfield, Jolene Segault-Sugiyama, and Tina Kikuyama. Missing from photograph: Giyana Agliam. Photograph by Ron Gingerich

“If I knew things would no longer be there. . .”



Nelinia Cabiles

There are movies that have changed my life, movies from which I have emerged different, my way of seeing the world so altered that I have needed a moment to compose myself, to be alone and just sit with the truths of what I had just witnessed on the screen to settle into my bones. I want just a few minutes to hold these truths close – a line of dialogue, the specifics of a character, a scene – and fix them into place in my mind so I can remember them exactly. So I do not forget them. It is my way of warding off what time can do to memory, which is to blur or distort or wipe clean.

“Avalon” by Barry Levinson is just such a movie for me. On the surface, it is not a movie to which I should feel any connection. It is about a Jewish immigrant family that comes from Russia and settles in Baltimore, Md. I’ve visited Baltimore and have lived in Northern Virginia, so I know the area, know the specifics of place, am familiar with the people who live and work there. But while the movie is as much about America in the first half of the 20th century as it is about the values of that time, it is principally about family – this happy, ambitious, extended family of aunts and uncles and cousins and nieces and nephews and cousins. It could have been my family on Lānaʻi, my large, close-knit, loud, hardworking family.

But family is just one of the themes of “Avalon”. The movie is also about loss and place – places we remember, places that have disappeared. And watching “Avalon” for the first time, so long ago now, this sense of place – this deep connection to a place – is what resonated with me. As with books I have loved, I often commit to memory lines from a movie, so that I can carry them in my heart the way one carries water. The words feel necessary, essential.

And there is a line in “Avalon” that captures the whole of what family and love of place mean to me. Sam Krichinsky, the grandfather in the movie, the storyteller, is remembering a moment when he is walking around the streets of Baltimore in search of places he had once known, specific houses, old neighborhoods, certain shops: “I went back to the house on Poplar Street, where Eva and I used to live and it wasn’t there. Not even the street was there.” So many things had changed in Baltimore, so many places that he’d known – and lived in and loved – were gone.

And then Sam says something so true about life and loss and time that it took my breath away and made the hairs on the back of my neck stand on end: “If I knew things would no longer be there, I would’ve tried to remember better.” I cannot explain why, but the line made me think immediately of my mom and dad, my grandparents.

I am remembering “Avalon” because a friend (who does not wish to be named in this column) came up with a brilliant idea to feature in *Lānaʻi Today* a regular series on the buildings and places on our island whose stories are known by increasingly fewer people over the years. These are such places as the Social Hall; Tanigawa’s; Lui’s Candy Shop; Rabbon’s; the bowling alley; the former town down at Kaumālapaʻu Harbor, and many more such iconic buildings and spaces whose stories that I myself do not know well, if at all.

To help me try to “remember better”, to help me ward off what time can do to memory, may I ask you to share your stories of these places with me?

The first story I will plan to write about is the Social Hall, long regarded as haunted; it sits perched on the top of the hill near Cavendish Golf Course. If you know why it’s haunted or have a story, or an experience, to share about Social Hall, I would love to hear from you.

With this sharing, we will preserve a moment in time, to express what it was like back then when the world was different, and make the past come alive to a younger generation, so that they have context for what Lānaʻi means to us. We will be the storytellers of our island.



Although it now sits empty, back in the seventies, Tanigawa’s, at the corner of Seventh Street and Jacaranda, was famous for making the best burgers in town.

Lānaʻi Today

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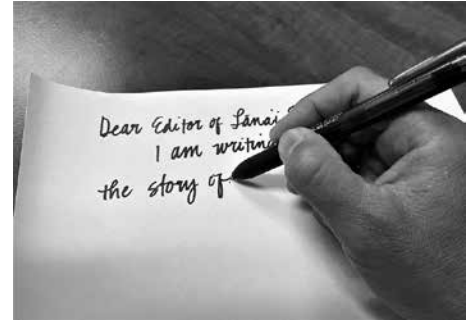
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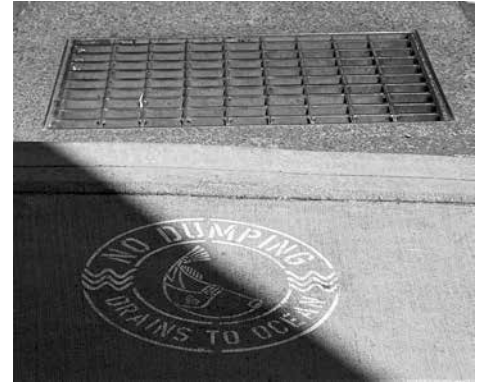
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Show Aloha Challenge Food Drive



Hawai‘i Election 2020: Create a plan to vote



Election day is Nov. 3, 2020. Do you have a plan to vote?

Starting with the 2020 election, Hawai‘i votes by mail and is among a handful of states in which mail-in ballots are automatically sent to all voters. **Registered voters can expect to receive their ballots around October 16.** If you have not received your ballot by this date, contact the County Clerk (Maui County), Kathy Kaohu, (808) 270-7749.

The deadline to return your ballot by mail: October 27, 2020. After this date, voters should drop off their ballot at a voter service center or place of deposit (ballot drop box). **Lāna‘i’s voter service center is the Maui Police Department – Lāna‘i, 855 Fraser Avenue. Hours BEFORE Election day:** October 20 to November 2, Monday through Saturday. 8 a.m. to 4:30 p.m. **Hours ON Election Day:** 7 a.m. to 7 p.m.

According to www.elections.hawaii.gov, all voted ballots must be received by the County Clerk’s office no later than 7 p.m. on Election day – not just postmarked. It is highly recommended to give yourself time to get your ballot in, as election officials will turn away voters even a few seconds after the deadline. To check or update your voter registration, find out about military and overseas voter information or for tips to ensure your vote counts, check out <https://elections.hawaii.gov/hawaii-votes-by-mail/>

COVID-19 emergency period extended and pre-travel testing program authorized



Hawai‘i Governor David Ige signed a thirteenth supplementary emergency proclamation September 24, 2020, that extends the COVID-19 emergency period through Oct. 31, as reported in the Daily News Digest of the Hawai‘i COVID-19 Joint Information Center. The emergency proclamation leaves in place the 14-day mandatory quarantine requirement for out-of-state

travelers. However, beginning Oct. 15, a pre-travel testing option will allow travelers to Hawai‘i an alternative to the mandatory 14-day quarantine.

“Our response to COVID-19 has always been driven by the need to protect the safety of our residents and community. The pre-travel testing program allows us to do this while welcoming more people to our state. The increased economic activity will help strengthen our communities,” says Gov. Ige.

Travelers will be exempt from the mandatory quarantine, if they, upon entry into the state, provide written confirmation from a state-approved COVID-19 testing facility of a negative test result from a test administered to them within 72 hours from the final leg of their departure.

The inter-island quarantine for travelers arriving in the counties of Kaua‘i, Hawai‘i, Maui and Kalawao (Kalaupapa) remains in place. However, the proclamation empowers the counties to adopt a negative test exception process for travelers subject to the inter-island travel quarantine.

The proclamation also mandates that all people must wear masks in compliance with the county orders, rules and directives approved by the governor. It also extends the prohibition on evictions, as well as expiration of state IDs and driver’s licenses until Oct.31. To read more, check out: https://governor.hawaii.gov/wp-content/uploads/2020/09/2009139-ATG_Thirteenth-Supplementary-Proclamation-for-COVID-19-distribution-signed.pdf

Covid-19 testing, tracing, isolation, and protecting: How is Lāna‘i doing?

Submitted by the Lāna‘i emergency preparedness group

Dr. Scott Greer, political scientist and pandemic response researcher, recommends focusing governmental strategies on testing, tracing, isolating, and protecting, as reported in *Honolulu Civil Beat*, <https://www.civilbeat.org/2020/09/hawaii-failed-in-its-pandemic-response-it-has-another-chance-to-get-it-right/>. We can’t depend on the government to address all our needs, but how is Lāna‘i faring, as the state reopens for travel?

TESTING: Lāna‘i healthcare providers can provide guidance and testing, and will be able to conduct surge testing if Lāna‘i experiences cases. If we need additional testing support, the Maui District Health Office (MDHO) can activate National Guard medics. The question remains whether the state will have enough supply to meet demand.

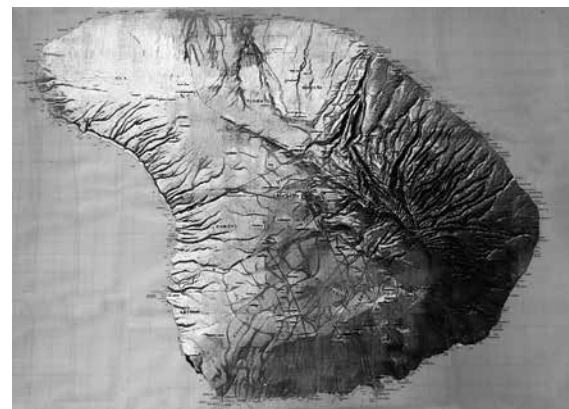
TRACING: The Department of Health has 24 investigators and 30+ trained individuals prepared to investigate and monitor confirmed COVID-19 cases and their close contacts, including on Lāna‘i. On-island Medical Reserve Corps personnel, whom MDHO oversees and can deploy, are also trained to conduct monitoring.

ISOLATION: Lāna‘i lacks sufficient Department of Health units to isolate infected individuals, which underscores the importance of not getting sick, of protecting others, and preparing a place at home (or at a family/friend’s residence), so as to isolate the ill and separate healthy individuals from the ill.

PROTECTING: Prevention and individual preparedness are our island’s best defense. It’s challenging, but consider what could be lost if we don’t all help. How do we work, enjoy the island, and welcome travelers, but still protect our family and friends from COVID-19? Clean and disinfect often (see <https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html> for guidance); mask up and sanitize properly; socially distance; don’t congregate; stay home when sick; travel only when needed; and travel with safety in mind.

Additionally, if you belong to certain community sectors, recognize that you’re a driving force in protecting Lāna‘i. For example:

BUSINESSES: Are you bringing in essential vendors, technicians, from off-island to do work for you? Be sure you and they understand the terms of their travel, since requirements



may change. Remind customers/clients using your services to observe the current safety rules. Post rules inside and outside your establishment where everyone can see them. Encourage/incentivize employees to stay home when feeling sick.

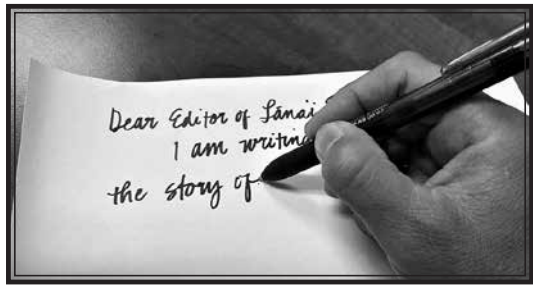
SHORT-TERM RENTAL OWNERS/MANAGERS: Create confidence among Lāna‘i residents by prioritizing the community’s wellbeing. Inform prospective guests about current regulations and require them to follow all safety requirements, including social distancing and masking. Bolster the safety of your guests and the community by providing a sanitized environment. You can find a handy guide at www.airbnb.com/resources/hosting-homes/a/airbnbs-5-step-cleaning-process-explained-187

CHURCHES/TEMPLES: Inform your congregation about safety measures to use at home and while out in the community. Continue to provide safe worship, additional instructions and supervision during high risk situations, such as weddings and funerals.

COACHES/PARENTS: Kids may forget to wear their masks and practice social distancing, so encourage and reward them for following safety guidelines. Establish consequences for not following rules. Model the behavior you expect from those in your care.

Should Lāna‘i start to experience cases, there could be school, government, and business closures that hamper our island’s economic and social success. But greater than those is the irreparable harm the effects of COVID-19 could have on the health and safety of people you cherish.

The Lāna‘i emergency preparedness group is reaching out to various sectors, but if you have questions or concerns, please call the Maui Police Department - Lāna‘i District at 565-8388 for resource guidance.



There are seven Maui County Charter Amendments that will be on the November ballot. They are all winners. A culmination of over seven years of work and thought process; voted on by a supermajority of the Maui County Council.

From a Maui County Department of Agriculture that will help support food security for decades to come to a professional Managing Director that would allow a professional continuity of county government instead of having department heads replaced every time we have a new Mayor. More power for the council to pick the majority of members for charter commission, real term limits for Council and Mayor, the ability for the courts to handle disputes, and an extension of the affordable housing fund. These are a roadmap to ensuring a great local government with the tools to take us on the road to balanced local power. This is the most important set of Maui County charter amendments in decades.

Honestly, in these days of uncertainty, the more local control of our government we have, the better for all of us. We have one entity barging us our food from O‘ahu and a state government focused mainly on O‘ahu-centric legislation. These charter amendments will make a difference in our county and our future quality of life. Please vote YES for all seven on November 3. Mahalo, **Sean Lester, Haiku, HI**

Have you ever been really excited to vote, eagerly awaiting the opportunity to fill in the box next to someone or something on your ballot in November? When we devote our energy and time to a cause or a candidate, and believe that an election win will make a positive difference for your future, that’s when you feel that anticipation and excitement. That’s how I feel about this year’s Maui County Charter Amendments – I can’t wait!

These amendments may be unexpected for some, but many of us have been working for years to see these up for vote. For everyone, we recognize that our county can and should run more efficiently, ethically, and effectively, and that our county workers deserve a higher level of productivity and professionalism. These amendments to the county’s charter aim to do just that. I am especially excited to vote Yes for the improvement to the county managing director position, for the real term limits for councilmembers and the mayor, and for the council to choose nine of the eleven charter commission members. I’m excited for the other amendments and will voting Yes on all seven.

In these scary times, it might seem off-topic to focus our attention on improving county operations through these amendments. But in order for our government and economy to recover and be resilient, we need to make sure we have our house in order. These are thoughtful and timely amendments formed through years of work and collaboration, and we need to support our leaders and bring them into law. Please join me and vote Yes for all seven Maui County Charter Amendments on our ballot next month!

Mahalo, **Aja Eyre, Makawao, HI**

Telephone scam uses Lāna‘i police station’s phone number

The Lāna‘i Police Station has received information about a telephone scam that uses the police station’s 565-8388 phone number or MPD’s 244-6400 non-emergency line.

The caller may identify themselves as being from the Internal Revenue Service (IRS) and warn you that your personal information has been compromised. The caller may request that you provide your social security number or other personal information. The caller may say that a Maui or Lāna‘i police officer will contact you. You may receive a call from a number *appearing* to be that of the Lāna‘i Police Station or MPD.

Never provide personal, confidential or financial information over the phone to unknown individuals, even if they provide information about you that seems accurate.

Be suspicious of anyone telling you not to talk about your call to family members, friends, bank tellers, or the police.

Today’s technology can be used to hide the caller’s real phone number and substitute another person or organization’s phone number (known as “spoofing”).

Report suspicious activity to the Lāna‘i Police Station, 855 Fraser Avenue, (808) 565-8388.

Lāna‘i annual turkey giveaway

Contributed by Jim Coon

Twenty-seven years ago, the Coon Family, along with the employees of Lāna‘i City Service and Trilogy Excursions, began a Thanksgiving tradition of giving a frozen turkey to every family on Lāna‘i. This celebration has grown every year. The Maui Hotel and Lodging Association partnered with us about 10 years ago, providing a bag of rice with each turkey. We are excited that we will be able to continue this annual Thanksgiving event this year. The Turkey & Rice Giveaway will take place Saturday, November 21, 2020, but will operate differently than in previous years.



Bobby Tamashiro, Lāna‘i resident, with the bags, shows his appreciation at the 2019 Turkey Giveaway. Pictured: Lt. Gov. Josh Green; Capt. Jim Coon, and Gabe Lucy, manager, Lāna‘i Trilogy/Lāna‘i City Service. Photograph by Alberta de Jetley

Sadly, due to COVID-19 impacts and social distancing requirements, the organizations, non-profits, community groups, and local agencies that usually attend our event will not be able to do so in the same way this year. However, they will share their services with the community in some form, and we are looking forward to their participation.

To follow social distancing rules, our giveaway will be a drive-through pick up! Vehicles will enter through the back entrance of Lāna‘i City Service at 11th Street and exit back onto Lāna‘i Avenue. No walk-up pickups will be allowed on Saturday. Pick-up times will be by last name at the following times:

Last names starting with “A – K”: drive through between 9:30 a.m. – 11 a.m.

Last names starting with “L – Z”: drive through between 11:30 a.m. – 1 p.m.

For residents who do not have access to a car, we will have a walk-up pick up on Monday, November 23, 2020 from 8:30 a.m. – noon. Face masks are **REQUIRED** for in-person pick-ups. This option is available **ONLY** to residents who do not have access to a vehicle.

Mahalo for your continued support for the past 37 years of Lāna‘i City Service and Trilogy Excursions. We are grateful to be a part of this community.

Call for Maui County students to enter educational video contest

Digital media and AV students in Maui County are invited to enter an educational video contest sponsored by the State of Hawai‘i, Department of Transportation, Highways Division–Maui District (HWY-M). The project is designed to promote public awareness of why stormwater matters to the islands’ environment, and encourage good community practices to help keep our stormwater clean.



Because stormwater eventually makes its way to streams and oceans, keeping stormwater clean helps reduce the negative impact of pollution on island wildlife, such as the ae‘o above.

HWY-M encourages all AV and digital media programs at Maui County schools – elementary through high school – to produce and submit original and educational videos on such stormwater topics as what a storm drain system is, how pollutants can get into stormwater and impact the ocean and wildlife, and how to prevent stormwater pollution.

“Schools and teachers and families are working through incredibly unusual times, and though the students might be in virtual schooling, we hope this contest will be a fun and creative opportunity for them to advance their skills in digital media technologies while learning more about our island environment,” says Ty Fukuroku, program manager, HWY-M Environmental Management.

For more information, including video requirements, submission details, judging criteria, and contest forms, visit stormwatermaui.com/videocontest. The deadline to submit videos and related documents is December 18, 2020.

Revamped 5th Friday in October

C OVID-19 has challenged us to re-create all aspects of our lives, from how we learn, to how we dine, how we work, to how we shop.

And we are all proving to be resilient and imaginative. To the latter point, the Lānaʻi Chamber of Commerce will be featuring a 5th Friday in October that extends the one-day happening to a week-long event, running from Sunday, October 25 through Saturday, October 31. You can support local businesses, while still maintaining safety guidelines, such as wearing your mask and maintaining social distance, when you shop.

Lānaʻi's businesses will be offering promotions and discounts throughout the entire week. For a list of participating businesses, please email lcocchair@gmail.com

Celebrate 72 years of International Credit Union Day® at the LFCU

Contributed by Charity Texeira Figuerres

O n Oct. 15, 2020, credit union members around the world will celebrate International Credit Union Day®, an annual event to commemorate the credit union movement's impact and achievements. This year marks the 72nd anniversary of ICU Day, and the Lānaʻi Federal Credit Union will partake in the celebration!

Credit unions are not-for-profit financial cooperatives that provide an effective and viable alternative to for-profit financial institutions for more than 274 million members in 118 countries worldwide. More than 85,000 credit unions exist globally, providing a plethora of financial services for their members, recognized as a force for positive economic and social change. The Lānaʻi Federal Credit Union has been serving our island community since 1938, and we continue to strive to provide you with top-notch services as your primary financial institution.

Since 1948, International Credit Union Day has been celebrated annually on the third Thursday of October. Each year, the international event affords the opportunity to remember credit unions' proud history and promote awareness of and support for the credit union and financial cooperative difference. This year's theme is "*Inspiring Hope for a Global Community*."

Throughout the COVID-19 crisis, credit unions around the globe have continued to provide their members a high level of service and demonstrated a generosity to their local communities that have set them apart from other financial institutions. ICU Day 2020 is a celebration of the impact credit unions and other financial cooperatives have made – and continue to make – for their members. It is also a chance to be thankful for the lives and communities that have been improved by our movement.

International Credit Union Day is recognized by the World Council of Credit Unions, the global trade association and development platform for credit unions and other financial cooperatives, as well as numerous national credit union trade associations and federations around the world.

On Oct. 15, credit unions from around the world will join forces to celebrate the day and will share their activities with the global community on social media, using #ICUDay. Visit us during the month of October and receive a special little thank you in honor of International Credit Union Day! (*While supplies last.*)

Kert Shuster wins highest pharmacy award

By Nelinia Cabiles

Kert Shuster, owner of Rainbow Pharmacy, won the 2020 Bob Dominguez Achievement Award, a national honor that recognizes outstanding community pharmacies that go above and beyond to assist their patients, help their communities, and provide innovative pharmacy care.

If you live on Lānaʻi and have had reason to drop into Rainbow Pharmacy to fill a prescription or to ask Shuster for advice on a health matter, the news that he has won one of the pharmacy world's highest honors would probably come as no surprise. Because as with listening, you can't fake caring. It shows.

A more concise lead sentence might be: Kert Shuster won a national award that recognizes how much he cares about the health and wellbeing of people in our island community.

"Someone will stop me at Richard's and ask me about what to do about a sore throat," says Shuster. "Or someone else will come in for a prescription and I'll see an infection on his foot. 'You'd better have that checked', I'll tell him. [Things like this] happen all the time."

It is the little things, the unexpected kindnesses, the concerted and conscientious effort, that reveal the full measure of a person. Such exchanges and interactions add up over time, becoming part of a finely-tuned vetting process that answers the questions of a person's trustworthiness and integrity and sincerity. Genuinely caring about people has earned Shuster not just a good rapport with island residents, but with the medical community and his pharmacy team. In the domain of health, where the difference between illness and recovery often comes down to taking the time and listening to people and knowing what questions to ask, Shuster is ace in his field.

"I'm a dealer of information," Shuster says. "I don't know everything, but I know where to look. I am humbled by how much I don't know, but I'll try to figure it out. I give my best to whoever walks through our door, and my team does that, too. I couldn't do this work without my team. This award goes to them."

Of the three hundred fifty nominees for the Bob Dominguez Achievement Award, only a select fifty are chosen every year. Shuster says he and his team feel honored to have won the award, especially because Rainbow Pharmacy has only been on Lānaʻi since 2015, but acknowledges that winning an award will change nothing about how he or his team conducts business or treats customers or anyone he meets.

"When a customer told me: 'Thank you for being here', that's *my* trophy. That's my reward. I know what a privilege it is to be here. I feel so lucky to live on this island. And I will always try to educate people. I will always promote health and wellness."

On that last note, with regard to one's health and bolstering the immune system especially in the time of COVID-19, Shuster recommends not just the oft-repeated defense of wearing a facemask and maintaining social distance, but taking zinc and vitamin D. "If you're low in vitamin D, you're more susceptible to depression, to having brittle or weak bones. Your immune system is on shaky ground. Getting enough vitamin D is crucial when fighting COVID-19."



The Rainbow Pharmacy team - Photograph by Ron Gingerich

New way to support UNICEF this Halloween

Trick-or-Treating for UNICEF has been a Halloween mainstay for over 50 years on Lānaʻi. Sponsored for generations by the Lānaʻi Union Church and Lānaʻi High School, the event draws students to go trick or treating for UNICEF on Halloween, collecting donations for the humanitarian organization, which, according to its website, works in over 190 countries and territories and reaches millions of children with immunizations, education, health care, nutrition, safe water and sanitation, emergency relief and more.

Lānaʻi's students volunteer their time and canvas the entire town on Halloween night; their efforts over the past few years have brought in over \$1,000 from the community.

Because of COVID-19, there will be no trick or treating for UNICEF event this year, but there will be UNICEF collection boxes the last week of October at many of the stores around town. Event organizers encourage the community to help Lānaʻi's student-volunteers of the Lion's Club Youth Group in their fundraising work this year by making a donation to UNICEF.

From the Farm

A monthly column conceived and authored by the Sensei Ag leadership team.

At Sensei Farms we grow to inspire wellness. We are bringing the world back to the kitchen table for a nutritious, delicious, locally-harvested meal right from our very own island of Lāna‘i. Our sustainable, innovative growing techniques allow us to grow 365 days per year with 90 percent less water than traditional farming, and harvest our produce just-in-time, maintaining their peak nutritional value. Sensei Farms’ produce recently launched at Pine Isle Market and Richard’s Market for you to enjoy. You can also find our beautiful produce featured in dishes at many local restaurants throughout Lāna‘i. But before our glorious greens, crisp cucumbers, or perfect tomatoes reach your plate, there’s an amazing story and person behind each piece of produce. In today’s *From the Farm*, we introduce you to more of our incredible team who make this all possible.



Jon Dillehay, grower

Originally from Eagle River, a municipality of Anchorage, AK, Jon started growing food as a hydroponics systems manager for Cabrillo College in Aptos, CA. Fueled by a love for plants and a belief that modern farming can improve lives, Jon joined Cityblooms, a company in Santa Cruz, CA, that uses technology to provide intelligent automated agriculture in urban environments. At Cityblooms, Jon was an operations manager and grower. He then spent some time independently researching controlled environment agriculture in Alaska before returning to the sunshine in 2018, this time to Lāna‘i, as a grower for Sensei Farms. Jon’s original goal when joining the Sensei Farms’ team was to be able to provide local, clean food to the people of Hawai‘i, as well as to have the opportunity to use his love for plants to contribute to Hawai‘i food security. Now, nearly two and a half years later, Jon continues his original mission, noting, “We are lucky. Growing food is the best work.”



Holly Fialkiewicz, operations supervisor

Born and raised on Lāna‘i, Holly joined Sensei Farms with a passion to learn about agriculture. She began her career in sales for the Four Seasons before transitioning into the field of education. She was an educational assistant for elementary school students on Maui for a year, then transferred back to Lāna‘i to work with middle school-aged children. While Holly loved providing the gift of learning, she missed her home of Lāna‘i and was looking for a change. She found it at Sensei Farms, where she was hired as the farm’s sixth employee. Holly knew very little about hydroponics, at first. Eighteen months in, she’s supervising all in-field operations of the farm, including lettuce and vine production. “It’s amazing working here,” she says. “I talk to my plants; I sing to my plants; I even dance with my plants. I am so happy to have this island to provide for.” Holly is proud to know that the food she and her fellow farmers grow is now being shared with her community as Sensei Farms has begun selling into the retail space. Of all the wonderful produce grown at the farm, Holly’s favorite are Sensei Farms’ cucumbers – super tasty, fresh, and just the right crispness.



Jeziel Antioquia, production lead associate

Jeziel holds the proud title of being Sensei Farms’ first employee, having joined the team May 14, 2018. Jeziel came to Lāna‘i in 2010, several years after her parents immigrated to the island from the Philippines. Jeziel is one of six children, including a twin sister, who now also lives on Lāna‘i. Upon her arrival in Hawai‘i, Jeziel spent several years in hospitality. She also worked with animals at the Lāna‘i Cat Sanctuary, where she led tours and cared for more than 600 rescued cats on site. “I had to remember all of their names,” she laughs. When the opportunity to be part of the founding team at Sensei arrived, however, this was Jeziel’s calling. It had always been her dream to work on a farm. She explains that when she was offered a position at Sensei Farms, “this was the best gift for my whole year.” Jeziel has consistently displayed her love for planting and passion to learn and was recently promoted to lead the farm’s post-harvest process, just in time for Sensei Farms’ retail launch. While Jeziel is new to post-harvest production, she finds being able to share the final product of her team’s hard work very rewarding. Though indoor farming can be strenuous, especially when fully replanting the greenhouse, Jeziel emphasizes that, “when you do work you love, you’re never tired. I feel lucky to be here.”



Glasstine Cornelius, operations associate

His name may be Glasstine, but to all at Sensei Farms, he is “the uncle,” praised for his years of wisdom. Glasstine was born and raised on the Federated Islands of Micronesia, a beautiful country, located roughly 3,200 miles from Hawai‘i. Following his studies in forestry, Glasstine was recruited to work for the Micronesian Department of Agriculture, where he spent over 20 years in nursery operations. In 2007, he relocated to Lāna‘i, working at first in hospitality, and then education, before joining Sensei Farms in 2018 and returning to his agricultural roots. After several years of working in different industries, Glasstine is “honestly happy, and my wife is happy that I am happy!” As an operations associate, Glasstine manages a team of farmers who are “amazing and cooperative,” motivating him to learn as much as he can. Following his days of traditional farming, Glasstine has particularly enjoyed learning about the wonders of hydroponics, or “planting in air.” Farming, he says, has certainly come a long way. Glasstine recounts the time he spoke with Sensei Ag Co-founder Dr. David Agus. “David asked me, ‘Glasstine what did you do before Sensei?’ I told him a little bit of farming. ‘What type?’ he asked. Traditional, I said, and he laughed. ‘Oh, I’ve heard about that!’”

Tasty Takeaway

At Sensei Farms, we only grow food people want to eat. So that you too can experience the best in fresh produce, check out this simple and appetizing recipe, featuring Glasstine’s favorite Sensei Farms product, the plum tomato – not too big, not too small, just right.

Oven Sun-dried Tomatoes by Sensei Ag Director of Product Development, PJ Catledge

Ingredients:

- 10-12 medium Sensei Farms plum tomatoes
- 3 cloves of fresh garlic, roughly chopped
- Olive oil for drizzling
- Hawaiian sea salt for topping

Directions:

Preheat your oven to 250 degrees Fahrenheit. Halve your tomatoes, and then place them cut side up on a baking sheet covered in parchment paper. Top each tomato with crushed garlic and a sprinkle of salt. Bake for approximately two hours. Remove your tomatoes from the oven, and press down with a spoon or spatula on top of each half to release the excess water. Be careful as the liquid will still be hot. Now put those babies back into the oven for two to two-and-a-half hours until the tomatoes are dry. Drizzle with olive oil, top with some of your favorite Sensei Farms herbs, and store in the refrigerator in a mason jar. Perfect for salads, crudité, sandwiches, or just a sunset snack.



SENSEI FARMS

We're Hiring!

📍 Lāna'i

We are looking for people to join our team at Sensei Farms to grow nutritious and delicious food right here on Lāna'i!

Throughout 2020 we'll be hiring for roles in a variety of capacities including harvesting, logistics, food safety, and greenhouse operations.

We are looking for candidates interested in:

- Growing fresh fruits and vegetables for their friends and neighbors in the community
- Being part of a science-based and forward thinking, transparent environment
- Working with an exciting new team and learning from people with diverse backgrounds

We are currently looking to fill the following positions:

- ▶ *Operations Associate*
- ▶ *Product Quality Associate*

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For direct inquiries please contact:

Scott Pisani at scott@sensei.ag

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General Election November 3 Sponsored by the Committee on the Status of Women
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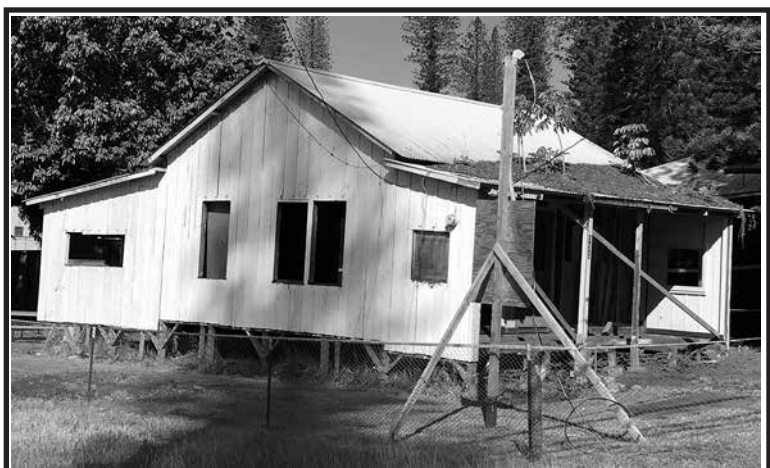
DeCoite

State House Representative District 13
 East Maui, Moloka'i, Lana'i, Kaho'olawe & Molokini

Rep. Lynn DeCoite on Lana'i in March 2019

"I am committed to making sure that all of District 13 gets the same access to services, resources and jobs that the rest of the State gets. All of you are my priority!"
 ~ Lynn

Paid for by: Friends of Lynn DeCoite · PO Box 1032 · Kaunakakai, HI 96748
www.voteLynnDeCoite.com · friendsoflynndecoite@gmail.com



Good things are happening on Lāna'i!

On Lāna'i, the old is becoming new again! It's much easier and less costly to tear down old buildings and to replace them with new ones. But part of our community's charm is the original plantation buildings constructed by the Hawaiian Pineapple Company which date back to the 1920s and 30s.

Between 8th and 9th Streets on Lāna'i Avenue, two of the three houses are presently being renovated by Lāna'i Builders. The middle house is privately owned but hopefully, it too will be fixed up again. All three houses were originally residences, but now they are commercially zoned lots. It's hoped that they will become available for small businesses and will help to diversify our community's economic base.

Another old building, the Lāna'i District Courthouse, on the corner of Fraser Avenue and 8th Street, is a beautiful example of making an old building which stood vacant for years, a useful part of our community again.

Preserving our community's heritage is important to me. As a council member, I will work to honor our past as we move toward diversifying our economy to provide more employment opportunities for our present residents and future generations of Lāna'ians. I hope I will have your vote.

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KŌLEA

Article and Photography contributed by Ron Gingerich

By the time you read this, most of the Kōlea of Lānaʻi will have returned from their annual migration north. Every year in late April, all healthy Kōlea, also known as Pacific Golden Plover, fly nonstop for three days to reach their summer breeding grounds in Southwestern Alaska.

While in Alaska, they mate and hatch chicks. Because of the long daylight hours and abundant food, the chicks can eat almost all the time and grow very quickly, so they are able to make their first flight to Hawaiʻi when only a few months old.

The parents begin returning in late August while the newly-hatched chicks remain to grow before instinctively flying south in October, alone, until they locate the islands for the first time and find a place of their own – or die trying.

Often, the exhausted Kōlea first must fight and chase out the Mynahs who have claimed their patch of land while they were gone. The young must find and defend new or vacant territory immediately upon arrival, having just completed their first journey into the unknown. Kōlea are true Hawaiian warriors.

They love short grass, lawns and golf courses, which provide the insects, worms, and other crawling creatures they eat. Each bird claims an area of its own, and returns there every year after breeding in Alaska. So the Kōlea on your lawn is the same individual you will notice each winter of its life, generally about six to seven years.

Here in Lānaʻi City, there are usually several Kōlea in front of Hotel Lānaʻi and the Dole Administration building. You'll also often see them foraging along Mānele Road but probably the most friendly Kōlea on Lānaʻi are those that live at Hulopoʻe and are used to having a lot of people near them.

When they have their winter coat, it's more difficult to tell the males from the females, but as spring begins, the males "put on their tuxedos" to attract the females. They slowly turn a beautiful deep black with a contrasting white stripe before making that long annual flight to Alaska.

When they return in the fall, their breeding colors have faded so they are more camouflaged in natural grassy areas. Keep an eye on the ones in your neighborhood this winter and by mid-March you will watch them gain weight and be able to easily tell the males from the females.



Winter plumage blends in with the background.



By mid March, the males are beginning to get their black and white summer colors.



This male is starting to change his plumage in early spring.



In mid-January, they have lost their vibrant summer plumage and blend into the surroundings more easily.



Days before departure, and dressed to impress.



Just returned to Lānaʻi from Alaska.



A young Kōlea, resting on one foot after recently arriving in Hawaiʻi.



This male is fat, in his breeding plumage, and ready to fly to Alaska on April 19. Two days later, he was gone.

The Gardens of Lāna‘i

By Nelinia Cabiles

Take a walk around the neighborhoods of Lāna‘i, from Lalakoa to Fraser Avenue, and you can see exquisite drama spilling out of the yards of homes, a gorgeous spectacle of hydrangeas and bougainvilleas, orchids and anthuriums, or in orchestrated clusters against a hao tree, where naupaka and ilima keep their own good counsel with kalo and ko. Not all are scene stealers. Some are side-of-the-house performers, such as the agave, aloe and aeonium, of succulent leaf and spiky humor. But whether a showy flower or brooding echeveria, all are doted on, marveled at, adored.

Whatever the cast of characters they’ve planted in their front and back yards, the home gardeners of Lāna‘i have created havens for birds and butterflies, and for themselves, lush oases for contemplating this sometimes difficult world. On what she feels when she cares for her flowers and trees and succulents, Francisca Racadio says, “They are my happiness.”



Francisca Racadio’s potted succulents



Barbara Guillen’s hydrangeas



Francisca Racadio’s arbor



Conrado and Nilda Calderon’s succulents



Nestor and Stella Riel’s lounging Buddha



The Riel’s shady arbor



Narcisa Alconcel’s vibrant flowers



Frankie and Nena Alcantara’s vegetable garden

Lāna‘i Community Health Center

New Director of Behavioral Health!

Dr. Cori Takesue has been with LCHC since February 2014, starting as a post-doc fellow, becoming a licensed psychologist. We are very pleased to promote Cori to our Director of Behavioral Health and that she is continuing her career with LCHC. We know that Cori’s commitment and experience will provide LCHC with the ability to continue to provide excellent integrated behavioral health services to our patients and community. She knows our community and the challenges faced by many of our patients.



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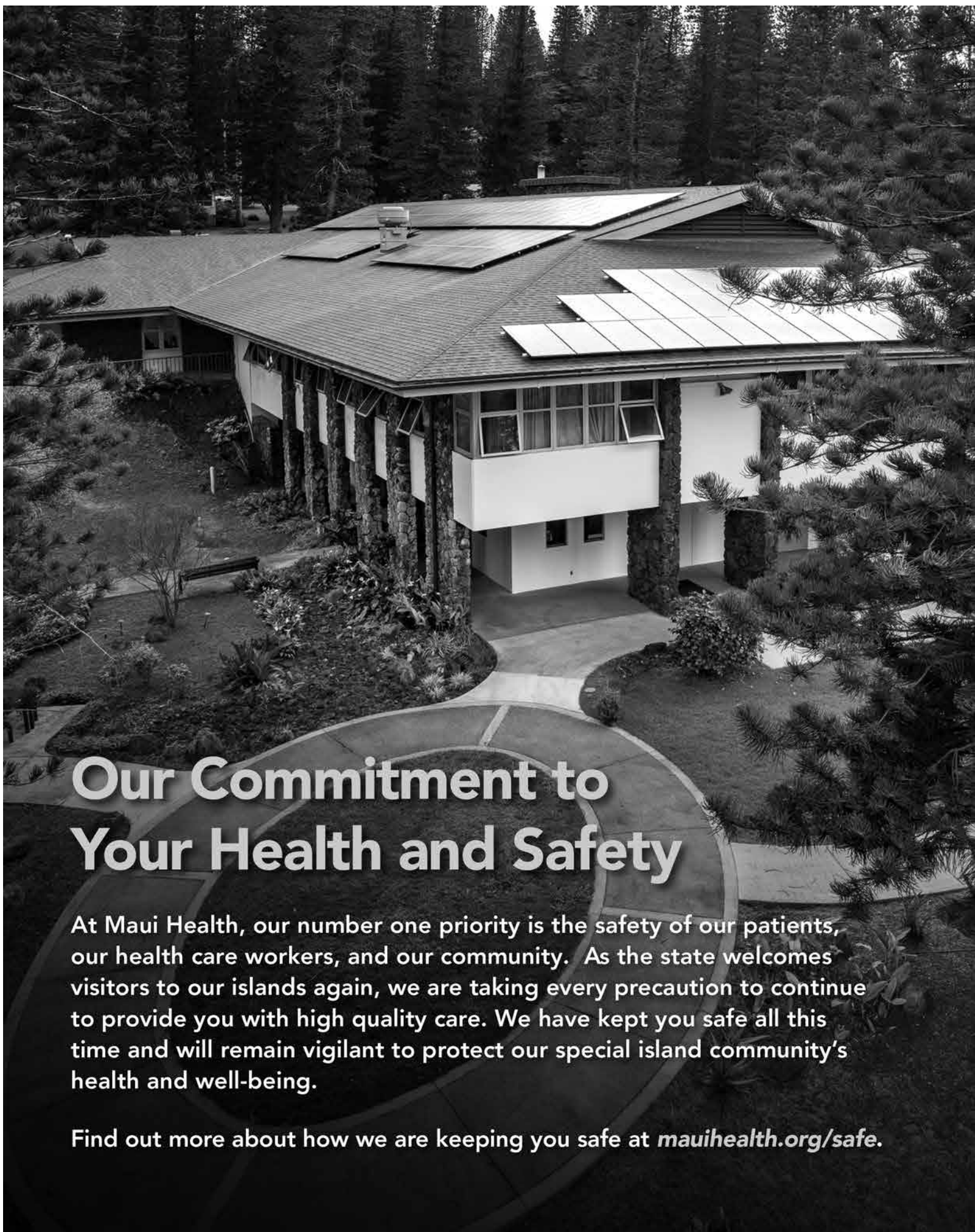
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Find out more about how we are keeping you safe at mauihealth.org/safe.



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Ballots must be received by election officials by 7 p.m., Tuesday, Nov. 3.


RETURN YOUR COMPLETED BALLOT BY MAIL OR IN PERSON:


1. Your Mailbox is Your Ballot Box

Mail it back via US Postal Service using the prepaid envelope provided.



2. Drop Off at Lanai Police Station beginning Oct. 20






The Voter Service Center at the Lanai Police Station opens Oct. 20

Hours: 8 a.m. - 4:30 p.m. Mon - Sat., closed on Sundays. On Nov. 3, hours are 7 a.m. to 7 p.m.

- In-person voting
- Same day voter registration and voting
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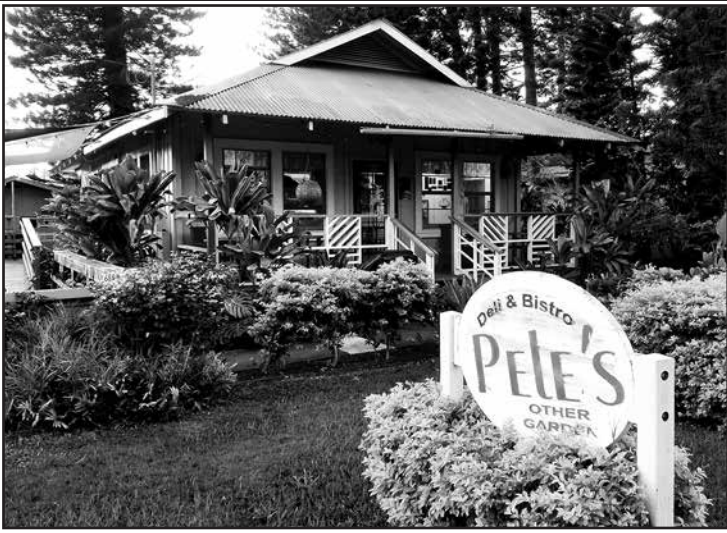
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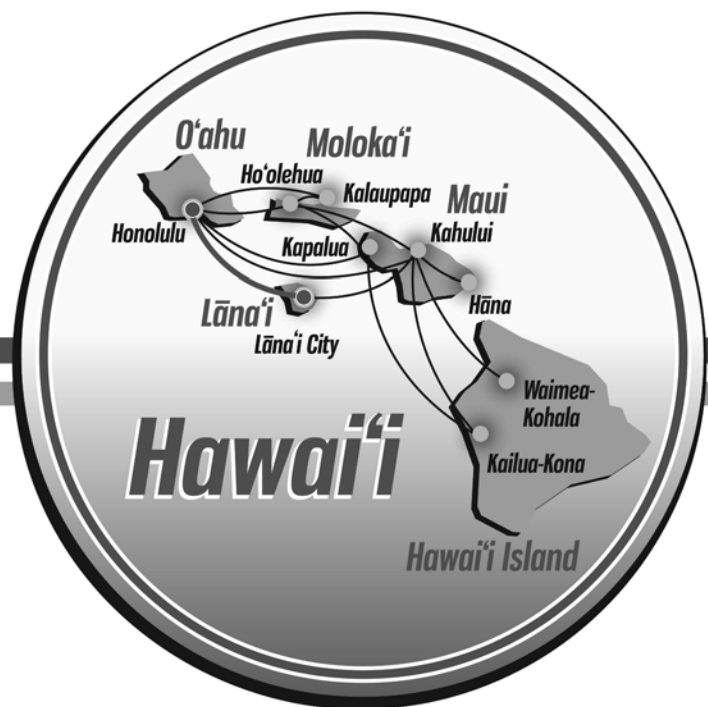
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COVID-19 might hex Halloween trick-or-treating this year. But you can start a new tradition and bewitch the goblins and ghosts in your life with these



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THE LAST WORD
By Nelinia Cabiles

Photography by Ron Gingerich (*RG) and Nelinia Cabiles



Show Aloha Challenge Food Drive

How to dispense two containers-full of produce and dairy products to Lāna'i's kūpuna and families in a few hours? It was the kind of multi-pronged event that Mike Gangloff and Lanai Tabura, founders of Show Aloha Challenge, had become exceptionally good at managing, ever since the pandemic hit Hawai'i in March. They did it with aloha and volunteers and logistical know-how.

The Show Aloha food drive July 15, 2020 on Lāna'i involved a cadre of volunteers, two assembly lines, 500 fifty-pound boxes of produce, 500 bags of chicken nuggets, crates of pint-sized cartons of chocolate and two percent milk, and saw a long caravan of cars snaking from Pūlama Lāna'i's back parking lot to the Department of Motor Vehicle on Fraser Avenue.

Gangloff and Tabura had been down this road before, executing food drives since conceiving of their Show Aloha program, whose initial goal was to deliver restaurant-produced meals to kūpuna, who can't, or shouldn't, go out because of the pandemic. But the Show Aloha Challenge evolved to food drive-through events, such as the one they dispatched July 15 with the precision of generals, and the graciousness of saints.

Kris Kahihikolo, coordinator, Kaunoa Senior Services, whose kūpuna were some of the recipients of this bounty, was filled with gratitude. "There are so many people who came together to make this happen. A huge mahalo to Mike and Lanai, Pūlama Lāna'i, MEO, and the County of Maui Fire Department, Lāna'i branch. We are so blessed."



*RG



*RG