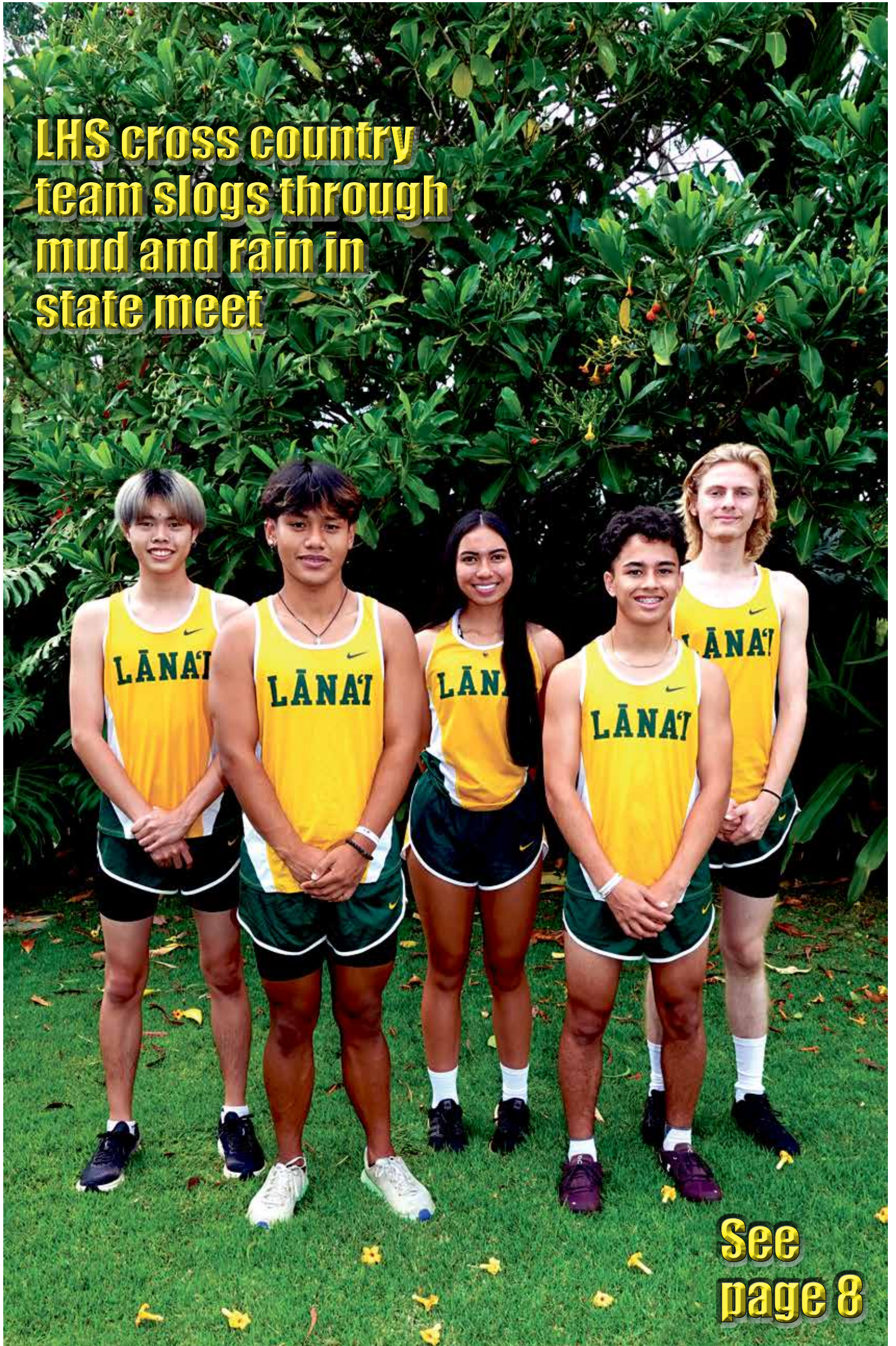


LĀNA'I TODAY

DECEMBER 2021



Five student athletes on Lāna'i High School's cross country team qualified for the Hawai'i high school cross country championship meet, held at Hawai'i Preparatory Academy in Waimea December 4, 2021. The runners trained hard all season long, pushing themselves physically and mentally. The state championship would push them as well, as heavy rains and cold temperatures rolled in on race day, turning the 5,000-meter course into a mud-slick journey. Left to right: Cogoro Okanishi, Mark Ruaburo, Eliasha Romero, Christian Oliva, and Jacob Janikowski. *Photograph by Ron Gingerich*

The gratitude of bok-boks

From age five to about thirteen, I wore long dresses that my mom sewed for me. They were my school uniform – bright print dresses, never in a pastel or muted color, for this was Lānaʻi, where the red dust of the fields blew through the clothes that were hung up to dry in the sun. The hem of the long skirts grazed my ankles, and also my knees, whenever I hitched up the skirt to run. I was always running, even then, playing tag and basketball and kickball at recess, bounding home when school let out. I grew to love the sound of fabric swishing across the tops of my knees when I ran.

My mom was partial to ruffles, a decorative embellishment that she stitched along the neckline and sleeves, and although I thought the ruffles too fancy and fussy, I kept my thoughts to myself, and grew to love the soft music the ruffles made as they fluttered in the wind. The dresses had double-stitched bodices and straight, even hems. They stood up to my horseplay and shuttle runs during fitness tests, my slide onto home plate when I played softball. There was nowhere on the playground or in a gulch where guava trees grew that I didn't feel at home in my long dress, happy with my own company, content to swing from a tree branch or find a perch in a tree to read a book.

This was a time when it was not unusual to own hand-sewn clothes, especially in a plantation town, where making things last and being frugal and resourceful were, and still are, virtues – values one generation passes down to the next. Sewing our clothes was my mom's way of saying, I was thinking of you when I made this. It made me feel special. And yet, because children can be aloof to anyone who might be different, sharp-eyed in separating the familiar from the new, and possibly, strange, I sensed that my dresses and I were the butt of jokes in school – not because of the dresses themselves, for they were well-made, but because of the person I was, a tomboy and book nerd, who wore those dresses. An incongruous pairing.

I wasn't the only one who got teased. My brothers and sister were targets, too. We had arrived from the Philippines just a few years before, and didn't yet belong to this place, not in dress or custom or speech. My brothers wore high-water pants and collared knit shirts that had a hard sheen; my father buzzed their hair until the white of their scalp showed, and gave them all wispy bangs. Not exactly a crew-cut, but crew cut-adjacent. The style earned them jeers and taunting.

There were other Filipinos on the island, of course, drawn to the work in the pineapple fields, but we were the new *new* Filipinos. Bok-boks, they called us, which I would later learn are either termites or beetles that infest a bag of rice, and the term was meant metaphorically, to indicate we were Filipinos fresh-off-the-boat. "What's purple and brown?" they would sing. "Bok-bok, bok-bok!"

But I *loved* purple and brown, thought it was a great color combination, and didn't understand what exactly was being ridiculed. I even liked the melody of the song. It was like an earworm, a catchy tune. If kids thought I was humiliated by being called a bok-bok, the joke was on them, because the insult went right over my head. I was seven.

It took time to assimilate into the culture, and feel accepted, as it always does for immigrants. The snickering and teasing eventually stopped and we became just another family from the Philippines, just the Cabiles kids whose parents picked pineapples, one among hundreds on Lānaʻi.

Ovid writes of the invincibility of love: *we two form a multitude*. For me, as I look back on that time, our family formed a multitude. We were our own compact tribe; our parents spent time with us and made us feel safe and secure and loved. There was nothing we couldn't get through. We had each other. And we had our cousins and second cousins and our third cousins as friends. And the secret that nobody knew, or maybe some families knew, those like us, new to this culture, was how incredibly grateful we were to be here – grateful to have work, and be able to eat, and go to school and learn to read and write and get an education. So many of our relatives in the Philippines never got that chance.

Our gratitude for this life, for the possibilities this life offered, inured us to whatever slights and singling out we experienced. We would be forever grateful. We knew we were lucky to have made it here at all.



Nelinia Cabiles

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NELINIA CABILES

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Maui County COVID-19 restrictions eased

Following Governor David Ige’s new emergency proclamation, easing COVID rules, effective December 1, 2021, Mayor Michael Victorino announced that Maui County will allow restaurants and bars to return to full, one hundred percent capacity without physical distancing requirements, also effective December 1. To dine indoors, patrons will need proof of full vaccination, or negative results of a COVID-19 test taken within forty-eight hours, or a signed letter from a medical provider confirming full recovery from a COVID-19 infection.

Maui County will also lift all outdoor restrictions, as an expansion of its “Safer Outdoors” initiative. Indoor commercial events of more than seventy-five people will still require an exemption, however, and entities are encouraged to submit plans early to exemption.request@mauicounty.gov

The Maui County rule changes come after Gov. Ige’s statement November 30 allowing Hawai‘i’s mayors to determine their own public health emergency rules, respective to their communities. While some restrictions will ease under the new emergency proclamation, the state’s indoor mask mandate and Safe Travels program for out-of-state travelers will remain in effect.



Visitors from San Jose, CA, have lunch at the Blue Ginger Café December 9, 2021.

Cut to the chase

Community

- The island of **Lāna‘i** was ranked No. 3 in *Condé Nast Traveler’s* 2021 Readers’ Choice Awards Top Islands in the United States. Survey results were published in October 2021. It is the first time Lāna‘i has made the list. *Condé Nast Traveler’s* monthly print readership is five million readers; its digital readership is sixteen million unique users. To learn how the 2021 survey results were tabulated, visit cntraveler.com and type in “methodology” and “readers choice awards” in the search bar.
- **Keiki Vaccine Clinic**, for Lāna‘i’s children, age five to eleven: 10 a.m. to 3 p.m., December 18, 2021, Straub Clinic parking lot. Parents or legal guardians must accompany their children and bring a valid form of ID. Complete, download and bring to the clinic: a pre-vaccination assessment questionnaire; insurance information (download to: mauihealth.org/covidvaccine); a copy of insurance card. Walk-ins are welcome, but to save time, register at vams.cdc.gov, or call Lāna‘i Community Hospital, (808) 565-8464.

Business

- **Lāna‘i Hardware & Lumber**, 1110 Lāna‘i Avenue, Lāna‘i, will be closed for the holidays, from December 22, 2021, to January 10, 2022.
- **MEO Lāna‘i** branch is seeking a part-time driver to transport island residents. Twenty hours per week; \$20.20 per hour. Job applicants must have no moving traffic citations for the past three years. One-year driving experience preferred. No commercial driver license needed. For full job description requirements, and to apply, visit www.meoinc.org or contact MEO Human Resources, (808) 243-4310 or hr@meoinc.org. Applications are also available at the MEO Lāna‘i office, 1144 Ilima Avenue, No. 102, Lāna‘i.
- **Pele’s Other Garden** has changed its twenty-fifth anniversary event to Monday, December 20. The celebration will feature cake and one-dollar pizza slices (until supplies last). Customers dining in receive 25 percent off their dinner bill, excluding alcohol. To make dinner reservations, call (808) 565-9628.

Lanaians

- **Jon Montgomery**, Social Studies teacher at Lāna‘i High school, competed in the XTERRA World Championship, December 5, 2021, at The Ritz-Carlton, Kapalua, Maui. The swim event was cancelled because of hazardous ocean currents from the storm; the race was converted to a 3K run-31K bike-11K run duathlon. Montgomery finished 9th of 32 finishers in the men’s 50-54 age group with a time of 3:28:20; **Jen Montgomery**, Grade 5 elementary teacher, LHES, ran the 5K in 29:35, placing 2nd of 12 in the women’s 32-40 age group; daughter **Keala**, age 16, ran 32:42 in the 5 K race; son **Kai**, age 10, ran 28:35 in the 5K run, placing 39th of 224 in the boys 10-15 age group.

DID YOU KNOW?

The mating habits of Hawaiian box jellyfish (*Carybdea alata*) are predictable. Seven to ten days after a full moon, under certain tidal conditions, swarms of box jellyfish will appear on south-facing beaches on O‘ahu to spawn. (They have also been seen on the shores of Hulopo‘e Bay.) According to the Waikiki Aquarium, Hawaiian box jellyfish, which has a life span of only one year, will mate beyond the reefs at night a few days after the full moon, but appear inshore after nighttime high tides recede, leaving them stranded on the beach.

Named for its transparent top bell with four distinct corners and its painful sting, the Hawaiian box jellyfish is commonly mistaken for the deadly *Chironex fleckeri* (the sea wasp), but it is not lethal itself. If you’ve been stung, seek immediate medical attention. Rinse the affected area with vinegar for at least thirty seconds, which may stop the spread of the venom. Urinating on a jellyfish sting to relieve the pain is a myth (bioweb.uwlax.edu).

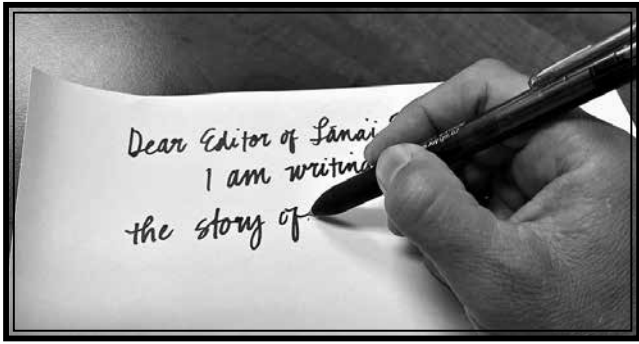
Corrections

From the editor of *Lāna‘i Today*: I aim to write stories that are accurate, objective and truthful. I acknowledge that unintended errors might occasionally slip past me. When I discover an error has been published, I will correct it as quickly as possible. Please note the following errors:

Graziela Reece (page 20, November 2021). The correct spelling is **Reese**.

Caroline Reese, who writes “Reese’s Peace”, was mistakenly referred to as **Carolina** in the photo caption (page 7, November 2021). My apologies for the errors.

‘Ōlelo No‘eau - **Lāna‘i a Kaululā‘au**. *Lāna‘i of Kaululā‘au*. Said in admiration of Lāna‘i. Kaululā‘au was a Maui chief banished to Lāna‘i by his father for destroying his breadfruit grove. By trickery Kaululā‘au destroyed the island’s evil spirits and became its ruler (Pukui 210).



Language was created to give power to words. As such, the use of words has a particular meaning in particular contexts. No matter what culture you come from, specific words carry a meaning that can be universally understood among a community of villagers, a group of members, or a team of co-workers.

Now, consider the contrast between *Care* vs. *Caution*. These words have entirely different meanings, yet they seem to be misconstrued as we continue to overemphasize *caution*, despite our claims to *act with care*.

With this in mind, consider, how could “Act with Care” look in our Lānaʻi community?

Care: This implies a sense of self-awareness and basic consideration for others. Care promotes responsible behavior with the understanding that your actions reflect a level of concern for those in the community. With this comes a credit-line of integrity, a natural *trust* in one another. When *acting with care*, we can accurately assume that your intentions are good, and not rooted in immaturity, mischief and fear.

For example, creating our own “Island Bubble”, much like the idea of a “resort bubble”, where we can live work & play without wearing masks and treating everyone we encounter, as if there is an infected agent hiding around the corner trying to assassinate us. This would require everyone who plans to visit Lānaʻi, as we used to require everyone traveling to Hawaiʻi, including vaccinated AND unvaccinated individuals, to take a COVID test upon arrival. This would demonstrate an EQUAL health status on-island. This way we can begin treating each other as if we have met the standard of TRUST, thus eliminating this intolerable form of “apartheid” and permit us to live work and play *care-fully*.

Caution: This carries a sense of mistrust & unnatural behavior that lends itself to a hypersensitivity based on fear. The goal of caution is to confirm safety & security, but the side effects of cautious behavior create a more restrictive mindset towards achieving the very thing we are trying to develop – trust. For example, apply the saying “proceed with caution” to your daily drive: You will drive below the speed limits, analyze every step you take, second guess your decisions, fear doing something wrong – as well as annoy other drivers & passengers – instead of *trusting that your personal capabilities and natural instincts are right*.

Why are we continuing to *Proceed with caution* instead of truly *Acting with Care*? Acting with *caution* suggests we mistrust our neighbors and friends. It is OK to be cautious, but not at the expense of taking away public celebrations & social events that we know are beneficial to our health & well-being. It can be argued that an approach which overwhelmingly promotes *caution* perpetuates fear, as well as community disassociation. As we have witnessed, this approach runs the risk of flooding our island with mental health problems, like agoraphobia + pathological & addictive personality traits that lead to substance abuse, and domestic abuse.

Care is arguably a cornerstone of the Lānaʻi community. We take *care* of each other because we feel a responsibility for everyone in this community. It is up to us to create *Acts of Care* that are meant to promote health & wellness in our island. Recently, incidences of substance & domestic abuse has increased in our community, reflecting a decline in our island’s health and wellness.

“*Act with Care*” symbolizes TRUST and Social RESPONSIBILITY. I challenge us to be the example we want to see, to prove we are capable of community engagement with minimal health risk and of using evidence-based examples from other islands that would allow residents to properly demonstrate Acting with Care! How we act is a statement about how we live.

So, with this in mind, how should “Act with Care” look in our Lānaʻi community? **Marcus Washington, Lānaʻi, HI**

Road rules and bicycle safety

Contributed by Officer Bishop Pahia, V, Maui Police Department, Lānaʻi District

We hope everyone is getting prepared for the coming holiday season. We’ve noticed that community members are increasingly bicycling to work, for exercise, travel, or just for fun. It’s great to see so much of the Lānaʻi community out, getting fresh air! However, with the increase of bicyclists, we’d like to touch on a few safety rules to keep you and your family safe for the holidays and beyond.

Every bike ride begins with wearing a helmet that fits you properly and securely. A helmet protects your head and helps prevent injuries, such as concussions and other potentially serious injuries, should you get into an accident. Parents or guardians would be well advised to follow the Hawaiʻi Revised Statute 291C-150, which requires anyone under sixteen years old to wear a helmet when riding a bicycle on any street, bikeway, or other public area.

Now that you’re wearing a helmet, let’s talk about where to ride your bicycle on Lānaʻi. First, it is important you stick to the right-hand curb/shoulder of roadways. Do not ride on the sidewalks. Using the bicycle paths ensures that both you and pedestrians will not collide with one another. Also, bicycling on the shoulder of the road makes you more visible to vehicles, reducing the possibility of accidents. When riding the shoulder of the road, ride with traffic, not against it. You may feel safe riding against traffic, but it is illegal and dangerous.

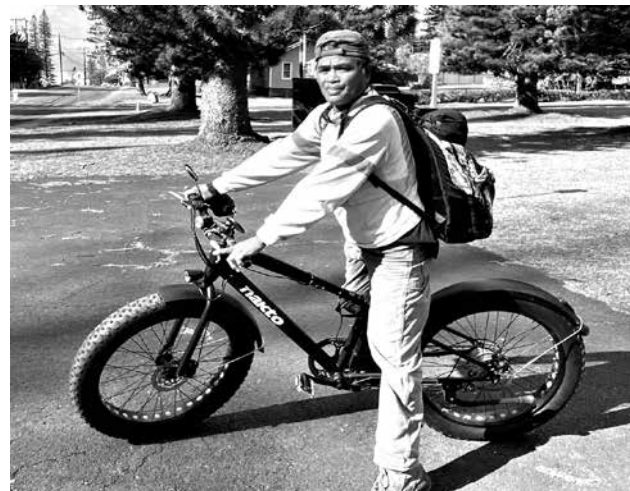
Remember to treat your bicycle as you would a car, as it holds similar responsibilities with a much higher safety risk! Stay alert. Be aware of vehicles, posted signage, and fellow bicyclists. You are required to follow the same posted signs, such as stop signs and one-way lane indicators, as motorists. When you approach intersections, be aware of cars behind, beside, and in front of you. And always look both ways before traveling through an intersection. Be attentive to parked cars along roadways, as a driver may not see you, and might open a door in your path.

When riding a bicycle at night, whether to get to your friend’s house or for some late-night exercise, be aware that bicycling at night poses hazards. There are about fifteen hundred bicycle collisions each year in Hawaiʻi, resulting in injuries or fatalities caused by lack of visibility. The Hawaiʻi Revised Statute states that any bicycle in use from thirty (30) minutes after sunset until thirty (30) minutes before sunrise must be equipped with a lamp on its front that emits a white light visible from a distance of at least five hundred feet. This light will keep you visible and identifiable to drivers from a distance, as well as illuminate any potholes, or even deer!

So far, we have shared bike safety and responsibilities and where to ride. But we would like to share one final thing that involves the epicenter of our Lānaʻi community: Dole Park. Dole Park is a very busy area, and rightfully so. It is where most of our shopping gets done, along with being an amazing park to enjoy. But within the businesses around Dole Park, we have heard some complaints from the community regarding the safety of bicyclists/skateboarders on the sidewalks/roadways.

While we understand that skateboarding is a fun hobby, Maui County Ordinance 10-52-150 stipulates that no individuals upon skateboards or similar devices shall ride any sidewalks in business districts. So, if you are going to skateboard, make sure you do it responsibly and out of the surrounding area of Dole Park. And to bicyclists, the rules of the road still apply: be sure to use the shoulder of the roadway and not the sidewalks fronting businesses.

On behalf of the Lānaʻi Police Department, thank you for reading this article. We hope you now have a better understanding of the traffic laws and measures to keep you safe. On a final note, we wish all of you readers a wonderful and happy holiday. Aloha!



Seitu Balaloco commutes to work on his bicycle.
Photograph by Nelinia Cabiles

Ka hauli o ka mea hewa ‘ole, he nalowale koke. A bruise inflicted on an innocent person vanishes quickly. Mean words uttered against the innocent may hurt, but the hurt will not last (Pukui 142).

An open letter to the Lānaʻi community

Contributed by Gabe Johnson, Maui County Council, Lānaʻi seat

Two thousand and twenty-one is coming to a close, and my first year of serving as your councilmember is almost in the books. I want to thank you all for this opportunity to represent Lānaʻi and to speak on your behalf on the issues and concerns that affect us.

Many of the issues we face today stem from the lack of affordable housing in Hawaiʻi. Lānaʻi, as a community, certainly understands this shortage, and as the price of homes and property rise, more of our island families are torn apart, forced to live elsewhere in order to afford a home, with many family members unable to return because of the continuing low inventory of affordable homes.

As chair of the Affordable Housing Committee, my mission is to fight for affordable housing. I proposed legislation, which passed as Bill 111 on the second reading, giving preference to long-term residents on affordable housing lists. This bill also ensures that those interested will get the support they need to pre-qualify for home ownership. I am also working on legislation to bring the price of these “affordable” units down, increase subsidies to families, and give lower-income-earning residents the chance to be considered to own affordable housing.

I am urging the county administration to put out a Request for Qualifications for the Lānaʻi Community Affordable Housing Project after my team and I spearheaded an affordable housing survey to find the true needs of our community. We are stronger, though, when we work together. I encourage you to write to your mayor, councilmembers and representatives today, to remind them that we have a very real need for affordable housing here and that, as a community, we want the chance to purchase a home and be able to pass this home on to our children and our children’s children.

Everyone is encouraged to stop by the Lānaʻi district office at 411 Eighth Street and speak with Denise Fernandez, Roxanne Morita, or myself for more information, or for results of the affordable housing survey, or to let us know your concerns and we will try and help any way we can.

OBITUARY

Kayak John, a.k.a Johnny, Mr. John, Simple John, Mad John, Mikee, passed away November 18, 2021

His daughter, Ela, and her mother, Michelle, realize this announcement will bring relief for some, and for others, grief and pain. It is Ela’s and Michelle’s desire to make room for peace in their hearts by focusing on the good memories and times they had with him. John loved life, earth’s creations, had a passion for whitewater river rafting, surf kayaking, skydiving; he loved listening to the sound of rain, and on many occasions, enjoyed chasing after lightning storms. He enjoyed living the “simple life,” as he called it, not attached to material things. He enjoyed sharing his time with others, being a listening ear or a cause for laughter. He could be found many times, tinkering on someone’s bike or car that needed repair. This is a little snapshot of the shades of the John they love and found remarkably beautiful and will miss.

If you would like to share your good memories of John or send your condolences to Ela or Michelle, you may send to:

Sunke Girls
P.O. Box 631492
Lanai City, Hi 96763



Kōlea aku i ka ‘ohana. Cry “Plover!” in seeking one’s kinfolk. Names are family possessions. In seeking one’s unknown kin, repeat the family names until they are found (Pukui 197).

Josh and Souk Jerman Foundation Scholarship applications now available

Josh Jerman, of Hawaiʻi Life Real Estate Brokers, is once again offering the Josh and Souk Jerman Foundation Scholarship for college-bound Maui County high school students.

Now in its nineteenth consecutive year, the scholarship program has awarded more than \$55,000 in scholarships to date to Maui, Molokaʻi and Lānaʻi high school seniors who will attend an accredited four-year college or university.

To be eligible, students must be Maui County residents who are either already enrolled or will enroll in a full-time program at a four-year accredited college or university for the 2022-23 academic year. Applicants must also demonstrate financial need and plan to return to Maui County after graduation to contribute to their community.

In spring 2021, Jerman awarded five Maui County high school graduates each a \$1,000 scholarship, including Maile Laporga from Lānaʻi High School.

Applications for the next round of scholarships are now available online at <http://jermanfoundation.org>. The deadline to apply is February 22, 2022.

FAITH & SPIRITUAL COMMUNITY

‘Abdu’l-Bahá: Champion of peace

Contributed by Linda Kavelin-Popov, Baha’i community press rep

“Service to humanity is service to God. Let the love and light of the Kingdom radiate through you until all who look upon you shall be illumined by its reflection.” These are among the words of ‘Abdu’l-Bahá, whose name means “servant of glory.” Members of the Baha’i Faith in Hawaiʻi and throughout the world are commemorating the centenary of his passing in 1921.

The son of Prophet-Founder, Baha’u’llah (Glory of God), ‘Abdu’l-Bahá was named the center of his father’s covenant, following Baha’u’llah’s passing. After forty years of persecution, exile, and imprisonment, ‘Abdu’l-Bahá was finally freed. He resided in what is now known as Israel, from 1910–1913, and traveled to Egypt, Europe, and North America, spreading the world-embracing Baha’i teachings on the oneness of religion, the establishment of world peace, equality of women and men, elimination of all forms of prejudice, spiritual solution to the economic problem, the harmony of science and religion, and, at the heart of Baha’i teachings, the oneness of humanity.

Soon after he returned to Israel in 1914, World War I began. He immediately arranged for farmers to grow extra grain and corn and to secretly store most of it underground. In 1917, when famine threatened both Israel residents and British troops, he provided food. In 1918, he was knighted by the British Empire for this service.

When asked the purpose of life, he said, “To acquire the virtues of the Kingdom.” He taught that life is service, and that service is the highest form of prayer. “Let each one of God’s loved ones center his attention on this: to be the Lord’s mercy to man; to be the Lord’s grace. Let him do some good to every person whose path he crosseth, and be of some benefit to him.”

At this time of polarization, ‘Abdu’l-Bahá’s guidance continues to be deeply relevant: “When a thought of war comes, oppose it by a stronger thought of peace. Destroy a thought of hate with a stronger thought of love.” He also wrote: “If you desire with all your heart, friendship with every race on earth, your thought, spiritual and positive, will spread; it will become the desire of others, growing stronger and stronger, until it reaches the minds of all men.”

The Baha’i community of Lānaʻi will be hosting gatherings and activities over the next several months to celebrate ‘Abdu’l-Bahá with storytelling, art, music, and films about his life. All are welcome to join us, and if you’d like to be invited, please call/text our secretary, (808)563-0805, or email lanaibahai@gmail.com. For more information, visit www.bahai.org.

Lāna‘i’s annual Christmas Festival

Contributed by Kay Okamoto, Lāna‘i Community Association

The Lāna‘i Community Association, working with Pūlama Lāna‘i and the Four Seasons Resort Lāna‘i, will hold its annual Winter Wonderland “meet with Santa” this year. As it was in 2020, it will again be a drive-through Christmas Festival event, from 10 a.m. to 1:30 p.m., December 18, 2021, at the Dole Administration Building rear parking lot.



Santa Claus and Mrs. Claus exuding the joy of the holiday season. Photograph by Dan Popov, 2020

Santa Claus and Mrs. Claus will headline the holiday affair, greeting attendees from inside their Christmas sleigh and we will have gift bags for all children. We ask that all attendees stay in their cars as they drive through the Winter Wonderland.

If you are unable to take your children to the Christmas drive-through, please contact us and we will try to make arrangements.

We want to make sure the event is available to everyone in our community. We are asking that festival-goers attend the event at the times listed below, according to their last names:



A holiday cast of beloved characters Photograph by Dan Popov, 2020

Last names, beginning with A to L: 10 a.m. to 11:30 a.m.

Last names, beginning with M to Z: 11:30 a.m. to 1 p.m.

Damon Pham, a regular visitor to Four Seasons Resort Lāna‘i, and a very generous supporter of our community, will again donate toys for the gift bags. The Christmas event is also supported by Lāna‘i Community Health Center and other volunteers who give so generously of their time to our island community. Please come out and celebrate the magic of this holiday festival event with your children.



To learn more about the capabilities of medivac aircraft and to explore options for expanding medical services on Lāna‘i, Maui Councilmember Gabe Johnson and his staff arranged a site visit of Hawaīi Life Flight’s fixed-wing plane and AMR’s helicopter, December 9, at the Lāna‘i airport. Dr. Alvin Bronstein, head of the Department of Health’s Emergency Medical Services, gave a slide presentation on Hawaīi’s EMS system, which includes 911 calls and covers the four counties, and is the most comprehensive in the nation. Invited guests from Lāna‘i’s healthcare fields, community members, and stakeholders, asked Bronstein and Hawaīi Life Flight representatives questions about medical services on Lāna‘i in the question-and-answer session following the presentation.

Holiday greeting from the Coon Brothers’ ‘ohana

Photographs courtesy of Nelinia Cabiles, 2020

Aloha, Lāna‘i community! For the past twenty-eight years, the Saturday before Thanksgiving has been the most special day of the year for our ‘ohana; this is when we gift a Thanksgiving turkey and bag of rice to each family living on Lāna‘i.

This past Thanksgiving was no exception. Due to ongoing COVID concerns, we could not have our nonprofit organizations join us (whose services have provided so much value to our Lāna‘i community), but getting to wave and give a greeting to each car that drove through Lāna‘i City Service, seeing the smiles of so many families and friends – many we have known for almost fifty years – was a real blessing and is what makes



A gift of turkey for every Lāna‘i family this our favorite day of the year.

We are hopeful that next year we will be able to have our normal holiday celebration, complete with entertainment and the many nonprofit organizations, showcasing the variety of services and resources that benefit our community all year long.

We want to recognize our community partners: Maui Hotel and Lodging Association for the rice; Young Brothers for the shipping and tote bags; Bank of Hawaii for tote bags; Maui Disposal for the dumpster; and Pūlama Lāna‘i for the trucking, tents, and chairs.

On behalf of the employees of Lāna‘i City Service, Trilogy, and the Coon Family, we want to wish you a Merry Christmas and thank each of you in the Lāna‘i community for your daily Aloha and all you continue to do to make Lāna‘i the most special island community on earth. We feel so blessed to be part of this community and this special place. Mahalo nui loa, Jim and Randy Coon ‘ohana



Volunteers for the Lāna‘i annual Turkey Giveaway in 2020



Loading bags of rice, donated by Maui Hotel and Lodging Association

Lawelawe mālie ka Wai‘ōpua. *The Wai‘ōpua breeze handles gently.* Said of one whose ways are gentle and easygoing or of one who is very careful in handling anything (Pukui 211).

Virtues in Paradise True gifts of the season

Contributed by
Linda Kavelin-Popov

This is a season of honoring our beliefs, celebrating, and gift-giving.

This Thanksgiving, many were especially thankful to be with family and friends. Christmas is coming this month, as well as Hanukkah, Kwanzaa, and Winter Solstice. This holiday season brings challenges and worries: the continuing spread of the COVID virus and its variants; the spotty availability of gifts on store shelves or online; and the uncertainty of your gifts arriving in time, because of supply chain issues. This is the material side of the holidays. There is also a spiritual side, one that is freely available, and allows us to offer three gifts that are special, meaningful, and creative: appreciation, forgiveness, and time.

Appreciation: Everyone needs to feel valued and appreciated, especially children. They can only see themselves through the eyes of the adults in their world. The language of virtues is a way to show others what you love about them; a child's kindness or helpfulness, a father's generosity, a mother's wisdom, a friend's loyalty. The virtues found in all the world's sacred texts are powerful ways to express appreciation. In a Virtues workshop for ministers in Memphis, Tenn., participants were assigned to go home and give someone a virtues acknowledgment. The next morning, a pastor reported this exchange with her mother: "Mom, I just want you to know how much we appreciate your caring – your help with the kids, your wonderful cooking, and your constant love." Unaccustomed to such appreciative words, her mother responded, "Chile, where you been?"

One pastor reported that when he told his wife the virtues he admired in her, she reconsidered her plan to separate. You can place words of appreciation in small paintings, customized T-shirts, or mugs. Delivery is quick, according to online sources. Gifts from local artisans accompanied by a love note with the virtues you appreciate will be truly memorable.

Forgiveness: All too often, conflicts, and even feuds, can disrupt a normally caring relationship. The decision to forgive brings the gift of a fresh start, and a clear space to reconnect in new ways. Sometimes it is we, ourselves, who need forgiveness most. A man went to 'Abdu'l-Bahá, a central figure of the Baha'i Faith, and asked, "Master, I have been such a sinner. I've stolen, cheated, and hurt people. But now, I want to be a good man. I need to know – will God ever forgive me?" 'Abdu'l-Bahá replied, "Of course. God is the ever-forgiving." "But how will I know when God has forgiven me?" the man asked. "You'll know you are forgiven when you no longer do those things."

In my view, every close relationship requires forgiveness many times over. In Matthew 18:21, Peter asks Jesus, "How many times should I forgive someone, as many as seven times?" Jesus replies: "No, you should forgive seventy times seven."

Time: Put down your devices. Give someone your full, loving, focused, listening attention. The quality of your attention is directly proportionate to the degree of your concentration. Get on the floor and play with your children. Listen to Nana's story for the hundredth time as if it were the first time. Spend private one-on-one time when you can. I remember special outings with my dad – just the two of us – and they meant the world to me. I felt special and appreciated just from having his time and attention all to myself.

The grace of your loving presence is the true present others crave, and it is truly priceless. Have a blessed holiday season!
www.lindakavelinpopov.com



Linda Kavelin-Popov

Reese's Peace Practicing peace in 2022

Contributed by Caroline Reese

With two thousand and twenty-two approaching, let us reflect on 2021 for a moment, acknowledging that we, individually and collectively, experienced significant shifts in how we view life, and accepting that it will be continuously evolving in ways that may be equally unfamiliar and uncomfortable. So, what can we do to transition into a new year with grace and understanding? How can we individually transform our world into one more peaceful, more inclusive, and healthier, as we enter a new year? We can do this by setting the intention to practice pausing to foster peace.

When we experience overwhelming thoughts and emotions, pausing will cultivate peace. Practicing pausing is to step forth and gather yourself, and then step forth again. The power of pausing allows us to find peace amid uncertainty by making peace with what is not peaceful outside.

Think of an immense storm at sea; you may visualize wind, rain, and chaos happening, but there is an inner calm underneath it. Many of us tend to focus on the external chaos in our lives and not visit the inner peace inside us.

Peace is an inside job; it is a state of being that is reciprocal to what is happening outside.

Your internal state tells you how you are feeling, and it is up to you to reposition yourself. If you can, think about how things are in relation to other things. It is the same with your inner calm. How you respond to the outer world is related to what is going on in your inner world.

When you take the time to pause, you recognize your state of being. By changing your thoughts and how you view the situation, you mentally shift into a healthier state. This rewiring of neurons in your brain happens when you think differently. Your inner pathways reflect your outer pathways.

"There is a place within you that is free from the wounds of the past and unburdened by fears for the future. It is the source of your real power – your true self and it available here and now", says Deepak Chopra.

Finding your peace is tapping into your power, your power of controlling how you want to feel. You and only you can access your inner calm. Once you decide to practice pausing, you make peace a choice. Making this a daily practice will reap wellness benefits for yourself and those around you.

When we practice pausing, we experience fewer mistakes and setbacks. Pausing creates space for better choices and less stressful outcomes. Adding heart to peace encourages the qualities of the heart, such as appreciation, gratitude, care, love, kindness, and understanding, to emerge.

How to practice adding heart to peace:

Begin by pausing. Focus your attention on the area of your heart.

Imagine your breath is flowing.

Breathe slower and slower until you find a comfortable rhythm.

Once you find your rhythm, begin to reflect on what makes you happy and ask your heart what it would say in any situation. Our hearts send us messages and influence how we feel and how we interact with others.

A fun exercise to get you pausing and adding heart to peace:

Think of love as all the colors of the rainbow and then name each color with a quality of the heart.

May the spirit of love gently fill your hearts with peace and may you remember to pause and add heart to your life. Love, Caroline



Caroline Reese



HAPPY HOLIDAYS FROM LĀNAI TODAY!



Mai ho'omāuna i ka 'ai o huli mai auane'i o Hāloa e nānā. Do not be wasteful of food lest Hāloa turn around and stare [at you]. Do not be wasteful, especially of poi, because it would anger Hāloa, the taro god, who would someday let the waster go hungry (Pukui 223).

LHS cross country team slogs through mud at state meet

Text by Nelinia Cabiles Photographs by Nelinia Cabiles and *Ron Gingerich

Do not do anything on race day that you have not done before. It is a lesson that every runner who competes in races eventually learns. The caveat extends to the food one eats or drinks and the clothing one wears, for race day.

But what do you do when weather conditions on race day are those in which you have never trained, let alone anticipated – that is, rain, mud, and mid-fifty temperatures? Well, you pivot. And slog as best as



LHS cross country coach, Jodi Ige

you can. Welcome to the 2021 Hawai'i high school cross country championship at the Hawai'i Preparatory Academy in Waimea December 4, which saw nearly four hundred runners, including Jacob Janikowski, Cogoro Okanishi, Christian Oliva, Eliasha Romero, and Mark Ruaburo from Lāna'i High School, trudge through a mud-slick and slippery 5,000 meter (3.1 miles) course.

It was the first time since 2019 that the state cross country meet was held, and the first appearance at a state meet for the

LHS team. (The 2020 cross country season was cancelled because of the pandemic.) During the season, LHS runners train five days a week, and sometimes on a Saturday or Sunday for a long run. Their longest run was six miles, twice the distance of a cross country race.

"The course was so muddy. But it was fun. And challenging," says sophomore Romero of the championship meet. She finished in 31

minutes, placing 143 among 197 girls.

"It started pouring," says Janikowski, "and got really cold. I ran slower than usual because of the conditions." Janikowski posted a time of 23:56, clinching the 137 spot among 200

boys. Seniors Ruaburo and Okanishi ran 27:26 and 24:15, respectively, and junior Christian Oliva finished the race in 25:01. The LHS cross country team did not have enough members in their team to be ranked in the final standings, only individually; the requirement is seven in a team.

The torrential rains might have dashed hopes for a personal best that day, but everyone on the team was still riding a high two days later when they met for a photo shoot, the experience of running in such epic conditions seeming to be just another data point among hundreds that will come in their lives as runners. Says Janikowski, who expressed the unanimous sentiment of his teammates: "It was [our] first state. I had no expectations. I'm just glad to be part of the team."



*Eliasha Romero, Cogoro Okanishi, and Christian Oliva in a burst of speed



LHS cross country team, drenched to the skin, at the December 4 state championship meet. Photo courtesy of Jacob Janikowski



*Mark Ruaburo and Jacob Janikowski in fine form



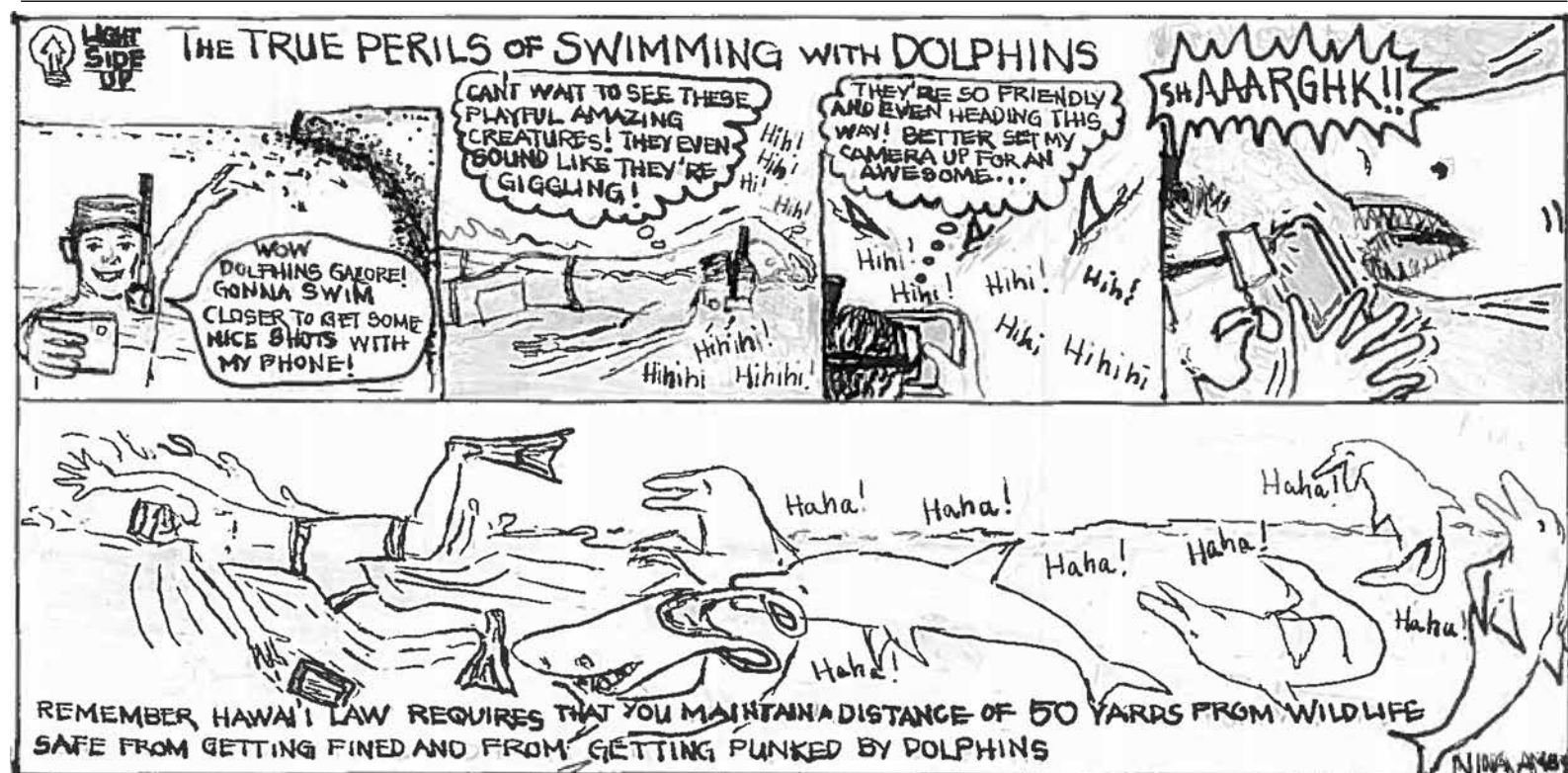
Romero makes strides at the Maui Interscholastic League championship November 27. Photo courtesy of Eliasha Romero



*The sprint



The warm-up



Makani holo'ūhā. The wind that brushes the thighs. A cold wind that chills the legs of the fisherman (Pukui 228).

From the Farm Brought to you by the farmers and leaders at Sensei Ag

Celebrating the holidays at Sensei Farms

At Sensei Farms, we stand for tradition, with a twist. A way of reflecting on what’s been done and considering what more might be possible. We learn from the past in order to build and grow a brighter, more nutritious future. Yes, we talk a lot about traditions in the farm business! Tradition is what promises a future for every seedling planted and provides a foundation to build and sustain our farm, our world, our people. New traditions are ways we take each seedling and give them a better start than seedlings which came before. Traditions may be intangible and invisible, but their importance is both infinite and steadfast, like threads of ribbon and string that keep us attached to one another in a way that is difficult to explain, but easily understood.

As the year draws to a close, we are taking time to reflect on progress made, as we plan for the road ahead. Over the past twelve months, we’ve been busy. We celebrated our first anniversary. We hosted, cooked with, and learned from Chef Sam Choy in our farm kitchen. We collaborated with Kaukau 4 Keiki to hand-deliver meal boxes for families in our community. And we grew produce. A lot of produce! Begging the question, exactly how many luaus, family dinners, and gourmet salads might we have been a part of? We started to crunch the numbers, and here’s where we landed.

From the Farm by the numbers

In 2021, we grew a variety of premium lettuces, tomatoes, peppers, cucumbers, and other family favorites to feed our neighbors.

Our Lāna‘i farm grew enough tomatoes to make 175,000 servings of Lomi Lomi Salmon, 20,000 batches of gazpacho, or 12,000 very large batches of homemade salsa. We grew enough lettuce to accompany 1.3 million burgers, generously top 1.6 million tacos, shine in nearly half a million side salads with island dinners, or make 334,000 renditions of the fan favorite recipe below. Yum!

While treasuring every single meal and memory of which we’ve been a part, we look towards 2022 to bring even greater deliciousness and brighter beginnings. We’re committed to valuing every seed and every team member who curates these seedlings – be they ideas or germplasm – into something more and to recognizing that each of our team members brings immeasurable value and imparts a unique perspective to our culture. As we approach the holiday season, we’re thankful for friendships made over rows of greenhouse-grown lettuces and vines. And we listen intently as holiday traditions are shared, quickly realizing they are as distinctive as our own human experience.

Across the island, such traditions may start as small as the mighty seeds of our plants, but they blossom and grow into vibrant customs. Some are long-reaching, with the vitality to span generations (or several seasons of harvest if we’re talking farm!). Our team members’ most favorite and treasured holiday traditions may mirror some of yours or may be as unique as the team itself. From the freight-delivered Christmas tree to cheerfully decorated palm trees, plants have long been the centerpiece of the holiday season, the crowning glory on the list of yearly rituals.

We eagerly join our teammates at the Farm luncheon and participate in the Secret Santa gift exchange. Then it’s time to spread cheer with the family, sharing delicious food that brings about some of our best and brightest memories. Yes, the whole experience of gathering with family to reflect on days gone by, while eagerly anticipating good tidings to come, is one of the most revered of traditions.

For a look at one of our favorite recipes to share, check out one of our go-to dishes, created by our culinary team at Sensei Farms.

Smoky Delicata Squash Salad with Pepitas, Dried Cranberries, Honey Crisp Apple, Goat Cheese, and a Maple-Ginger Vinaigrette

Holiday flavors abound in this hearty and satisfying salad, featuring spice-roasted Delicata squash and a sweet and savory maple-ginger vinaigrette.

Smoky Delicata squash:

3 Delicata squash, halved, de-seeded, and sliced 1/4-inch thick
1 tablespoon + 1 teaspoon olive oil
1/2 teaspoon smoked paprika
1/8 teaspoon cinnamon
Salt and pepper, to taste

Maple-Ginger vinaigrette (recipe below or similar, purchased vinaigrette):

1/4 cup maple syrup
1 teaspoon Dijon mustard
2 tablespoons fresh lemon juice
1 tablespoon fresh ginger
1 tablespoon apple cider vinegar
1/3 cup oil (vegetable, canola, sunflower, etc.)
Salt and pepper, to taste

To serve/assemble:

4 ounces spring mix
1/2 cup roasted pepitas
1/4 cup dried cranberries
2 ounces goat cheese, torn into bite size pieces (1/4 cup)
2 honey crisp apples, sliced

Directions:

Place a sheet pan in the oven and preheat to 425°F.

Add all of the ingredients for the smoky Delicata squash to a large bowl and toss to combine. Carefully spread out onto pre-heated sheet pan in an even layer and roast for 18 minutes.

While squash is roasting, combine all of the ingredients for the maple-ginger vinaigrette in a blender and blend until smooth and emulsified.

To serve, combine the spring mix, pepitas, cranberries, goat cheese, honey crisp apples, roasted squash, and your desired amount of dressing. Enjoy while sharing memories of favorite holiday traditions!

This year, as you celebrate the holidays, we wish you a joyous time filled with traditions that nourish your heart and soul. We thank you for inspiring us to do better for human health and for our planet. We’re as thankful for you, as we are for our farm team members and each tradition that make this the most wonderful time of the year. Mele Kalikimaka! *The team at Sensei Farms, Lāna‘i*



Lanalana, pā i ke Kona, huli pū. *Insecurely rooted, when the Kona winds blow it topples over.* When one is insecurely rooted in his knowledge or character, any adversity causes him to fall (Pukui 210).

GROWING THE LHS MUSIC PROGRAM WITH HOLIDAY FUNDRAISER

Text and photography by Nelinia Cabiles

Every year, wreaths and evergreen trees from the Pacific northwest arrive in a container at Kaumālapa‘u Harbor, are trucked about seven miles to the eastern edge of Lāna‘i High School’s campus, where faculty and student volunteers sort and divide the Christmas greenery, arranging them in tidy rows on the lawn of the portable classrooms on Fraser Avenue, then wait at their stations, ready by three o’clock for the holiday crowds to come. The wait is short. By four o’clock in the afternoon on November 24 this year, the holiday swag was nearly picked clean: only a handful of trees and wreaths remained.

“We sold 243 wreaths this year, 175 last year,” says Kerri Glickstein, coordinator of the Christmas Tree and Wreath fundraiser, the proceeds of which benefit the LHES band program. Glickstein adds they sold slightly fewer trees this year, 151, compared to 162 in 2020. “The larger Noble Firs have always been a challenge due to drought in the Pacific Northwest,” says Glickstein. “This year, we were just able to fulfill the orders, but were unable to take special orders of larger trees.”

This is Glickstein’s last year running the fundraiser. “It’s been twelve years and I’m ready to pass it on to another school organization,” she says, thankful for the community’s support. “It’s a reliable fundraiser, as well as a service to the community. It has helped the music program grow and funded instruments, uniforms, and covered the costs of travel to eighth grade and high school band festivals in Maui County.”

But the pandemic shut down live performances, and so Glickstein says the proceeds go toward repair and maintenance supplies and purchasing ‘ukulele (ooh-ku-leh-leh).

“The music program now primarily consists of ‘ukulele, with a few studying guitar, keyboard, drums, bass. All middle school students are able to borrow an ‘ukulele from the school, free of charge. The ‘ukulele is much safer for playing during COVID because we are not passing air through an instrument, and each student has his or her own ‘ukulele. And students can practice, but they are distanced and wear masks.”

Still, she hopes students will be able to travel and perform live again, when it is safe to do so.



Caiden Kirk and Linfred Olter portaging a Noble fir that’s taller than they are.



Kerri Glickstein (center), Christmas wreath and tree fundraiser coordinator, directs volunteer staff and students.



Christmas tree hopefuls



A truck full of evergreens



Gabby Ozoa selects a handsome wreath.



Olter and Kirk weave their way to a waiting vehicle.



Matt Elaydo finds his Christmas tree.



Wreath pick-up station



Ki'ai, Kei, and Kendra Medeiros tote their Christmas wreath home by wagon.



It's starting to look a lot like Christmas



Text and photography by Nelinia Cabiles

Frederick “Baba” Sandi, a foreman at Maui Electric, knows exactly how many feet of holiday lights it takes to trim the Cook Pine tree that fronts the Dole Administration Building: six hundred eighty-four feet, if he strings the lights in a circular pattern. He should know. Sandi has been stringing the lights on the Christmas tree for twenty-six years and knows such tree-trimming arcana.

“Stringing lights around the tree is the best pattern,” Sandi says. “Because if the weather’s bad, if there’s wind, the wind will break the strands.” Sandi sees his work as holiday rite of passage, something he does every year, an unbroken continuity.

This year, Sandi had help with the trimming, which takes two days to do. His co-worker, James Vereide, a journeyman, and new to the island, hopped on the crane, cranked its arm to the utmost branch, and crowned the tree with a gold-tinselled star.

Over the years, the work of dusting off the Christmas lawn decorations and installing them in front of the Dole building has been captained by various community leaders, such as Joelle Aoki and the Coalition for a Drug-free Lāna‘i (CDFL), “way back, since the nineties,” recalls Sandi, and “Auntie Susu and Ron (Woolsey), who put up the candy canes and Santa and the reindeer.”

“And the nativity scene,” says Kay Okamoto, whose group, the Lāna‘i Community Association most recently has been managing the holiday trimming work. “Susu and Ron have been amazing. Every year, they put up the lights and the decorations. They’re just wonderful,” she says.

Debbie dela Cruz, member of the Lions Club of Lāna‘i, recalls that her group and others had a hand in sprucing up the figures in the nativity scene. “The Lions worked with the churches [on Lāna‘i] several years ago to paint the figures and shelter as they were just white,” she wrote, in an e-mail. “Each Christian church took one or more pieces to paint, and the Lions verathaned them. Joelle was the person we worked with. There’s been a nativity scene forever, but the plain white set is more recent.”

It’s a truth that is practical as it is wise: What fuels the spirit of Christmas and keeps it alive and magical, is, and always will be the selflessness and generosity of many individuals in our community.



Susu and Ron Woolsey have been putting up the nativity scene for many years.



Santa and his reindeer make their annual pit stop on Lāna‘i.



James Vereide, journeyman, MECO, in starring role



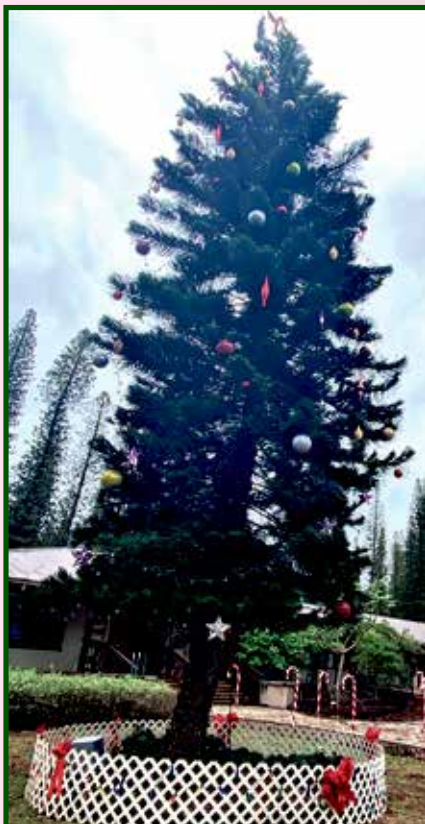
Candy cane lane, the handiwork of the Woolseys



Wreaths that have seen better days.



The crowning touch



Decked to the boughs in holiday finery



Trimming the tree by crane

MELE KALIKIMAKA & HAU 'OLI MAKA HIKI HOU!



Making the best of the holidays

Winter months are the most wonderful time of the year! That's what we may have been taught to believe, as tv shows, songs, and ads bombard us with unrealistic expectations about the "perfect" holiday season (gift giving, decorating, feasting, family gatherings). However, the holidays can also be a stressful time! This time of year can bring on many types of stress: financial, emotional, family conflict, grief, and loneliness. We also may be busier than usual as we blend our everyday lives with celebrations, shopping, and planning. We may overindulge in food, drinks, alcohol and other drugs, and spending. We may sleep less and have less time for healthy activities. We may be missing loved ones who are no longer with us.

So, what can we do to make the best of the holidays?

- Carve out time for yourself to do things you enjoy (hiking, watching an enjoyable show, reading, taking a bubble bath, beach time).
- Share tasks with others. You don't have to finish your to-do list by yourself.
- Maintain some of your normal routines (sleeping, eating, exercise, etc.).
- Let go of the idea of the "perfect" holidays. Expect and accept imperfections.
- Say no to things that you don't want to do, if possible. It is ok to take time for yourself. Friends and family will understand.
- Reach out for help from friends or family, spiritual leaders, or behavioral health staff at Lāna'i Community Health Center (call 808-560-6919). We are here for you!

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DOWNLOAD INSURANCE FORMS:

- mauihealth.org/covidvaccine

3

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PREREGISTER ONLINE:

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For more information, visit mauihealth.org/lanaivaccines

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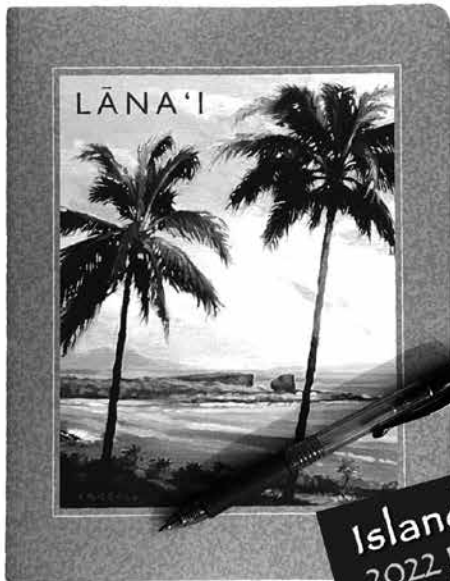
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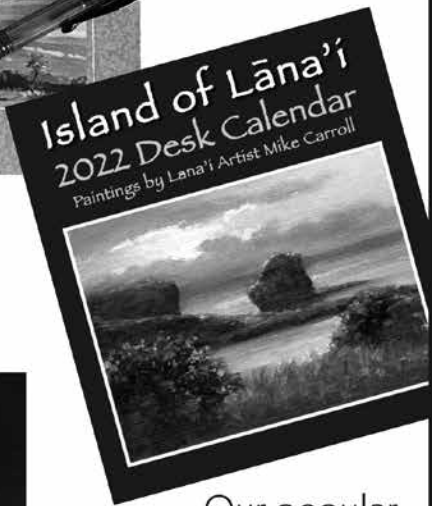
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FROM OUR 'OHANA TO YOURS



From left to right: Justin, Cindy, and Kerry Honda; Karden, Ferdinand, Kaleigh Espiritu, and Corie Honda; Aaron Sabino. Back row: Benilda Etrata, Melanie Manuel, Leonor Amby, Alex Vega. Missing: Cathy Lamay and Helen Dinong



May the gifts of love and peace and giving be yours this holiday season.

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*Mele Kalikimaka
Hau'oli Lanui*



From our 'ohana to yours,
best wishes for a joyous holiday
season and
a prosperous New Year.



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May the beauty of the season fill your hearts with peace, joy, and gratitude throughout the year.

Merry Christmas, Lānaʻi community!

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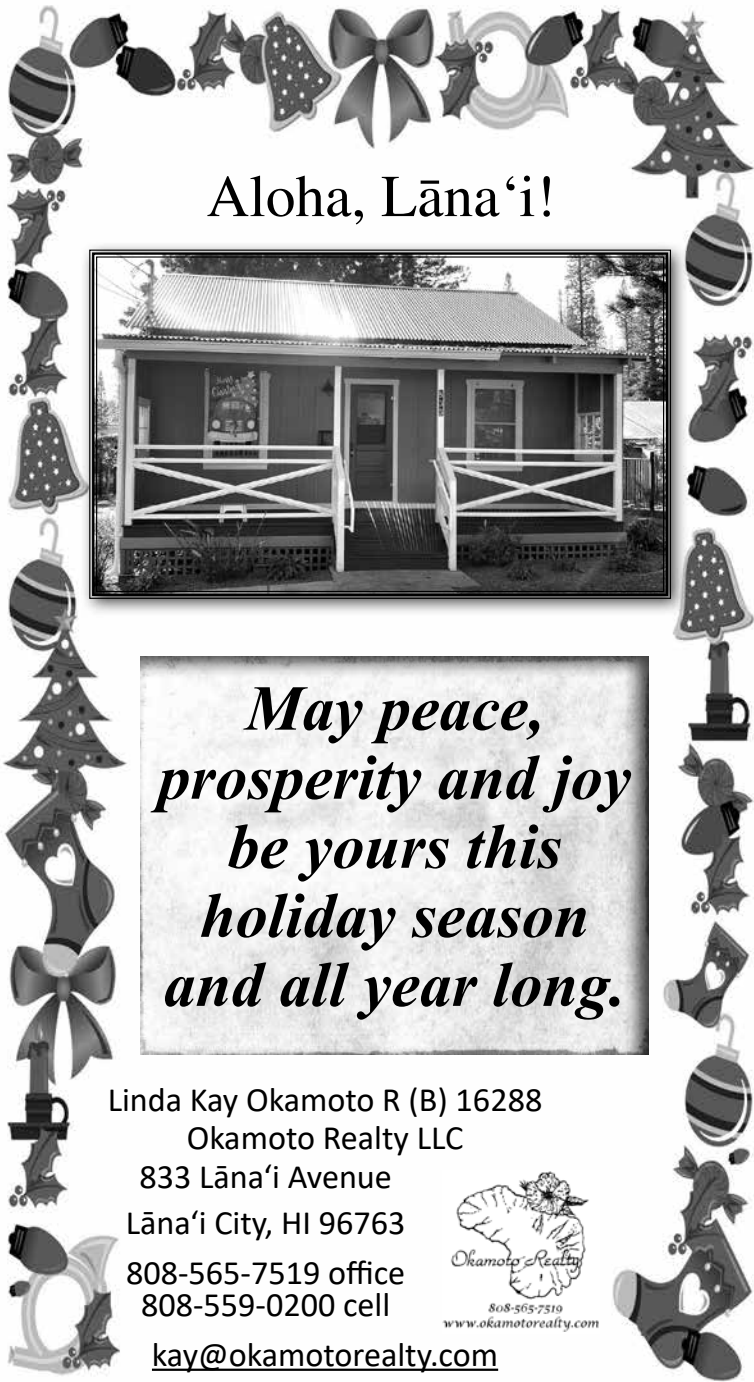
Hoku and Emma, COVID-19 survivors

HawaiiCOVID19.com/Vaccine




✓ The FDA has authorized the Pfizer COVID-19 vaccine for children ages 5 and above.






Aloha, Lāna‘i!



*May peace,
prosperity and joy
be yours this
holiday season
and all year long.*

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- ***Fitness Practitioner***
 - On Call
- ***Meditation Practitioner***
 - On Call
- ***Yoga Practitioner***
 - Full time
- ***Massage Therapist***
 - Full time & On Call
- ***Retreat Assistant***
 - On Call

We're looking for seasoned and experienced candidates with the passion and skills to create a memorable wellness experience.

Review job descriptions for the above and apply at www.sensei.com/careers
Direct inquiries contact: Alison Harding at aharding@sensei.com

Lānaʻi Culture & Heritage Center
presents



Free Resident Hunt!

Lānaʻi Community Stewardship Program
Restoring health to our ʻāina

Visit lanaichc.org/hunting for
more information

Monthly Take - Nov. 2021

157

Hunts

70

Deer

37

Mouflon

Holiday fireworks safety tips



Make sure your New Year celebrations are safe
for family and friends.

- Do not set up and use fireworks near overhead power lines
- Do not string fireworks on utility poles
- When using a ladder or other tools to string fireworks, stay at least 10 feet away from power lines

Don't try to free objects tangled in an overhead power line. Call Hawaiian Electric's Lānaʻi Trouble Line at 1-877-871-8461 toll free.



Hawaiian
Electric

Mele Kalikimaka-- All Month Long!

Every Lānaʻi Flight through December 31st

Second bag is FREE

First and Third bags will be charged normal rates

Merry Christmas

from

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OPEN POSITIONS

- | | |
|--|------------------------------------|
| Landscape Workers | Plant Health Technician |
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| Culture & Historic Preservation Ranger | Guest Experience Specialist |
| IT Systems Administrator | Wildlife Technician |
| Maintenance Mechanic 1/C | |

APPLY ONLINE
pulamalanai.com/#careers

DIRECT INQUIRIES
hr@pulamalanai.com | 808.565.3000



Minimum Requirements at time of application:

1. Must be at least 62 years old.
2. RD Income Limits:
One person - \$35,900
Maximum Two persons - \$41,000
Must be capable of achieving an independent living status.

Call office for more information
565-6615

滋味成都
Chengdu Taste

A Taste of Something New

Chengdu Taste brings authentic Szechuan cuisine to the island, serving wonderfully flavorful dishes like stir fried beef with chili peppers and their signature toothpick lamb. The restaurant is now serving dessert, which includes chocolate chip and chocolate chip & almond cookies.

DINE IN HOURS

*Mon-Sat
Dinner 5-9pm*

TAKEOUT

*Mon-Sat
Dinner 5-8pm*

HOLIDAY HOURS:
OPEN DAILY FROM
DEC 22 - JAN 1

VISIT US ONLINE TO PLACE A TAKEOUT ORDER
CHENGDUTASTELANAI.COM | 808.563.0936



Spiritual Connection Corner

Alcoholics Anonymous & Narcotics Anonymous
Rita (760) 419-0785

Baha'i Faith
Secretary, Local Spiritual Assembly of the Baha'is of Lāna'i,
(808) 563-0805, lanaibahai@gmail.com

Church of Jesus Christ of Latter Day Saints
348 Jacaranda Street, Lāna'i;
Tumama Fauat'ea (808) 726-3717

Ka Lokahi O Ka Mālamalama
1 Keōmoku Highway, Kahu Freitas

Lāna'i Baptist Church
corner of Sixth and Gay Streets;
Pastor Sean Oliva (808) 565-9405

Lāna'i Seventh-day Adventist Church
628 Ninth Street, Lāna'i, (808) 565-7881

Lāna'i Union Church
751 Fraser Avenue, Lāna'i, (808) 565-6902

Pastor Saul Kahihikolo, (808) 563-0830

Sacred Hearts of Jesus and Mary Catholic Church
815 Fraser Avenue, Lāna'i,
Fr. Cipriano Alnas (Fr. Jojo) (808) 868-8562



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Greg Sturm
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I'm all about Lāna'i!



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808-563-0170



We are looking for people to join our team at Sensei Farms to grow nutritious and delicious food right here on Lāna'i!

We employ members of the Lāna'i Community in a variety of capacities including harvesting, logistics, food safety and greenhouse operations.

We are looking for candidates interested in:

- Growing fresh fruits and vegetables for their friends and neighbors in the community
- Being part of a science-based and forward thinking, transparent environment
- Working with an exciting new team and learning from people with diverse backgrounds
- Medical, dental, and vision coverage through HMSA at no charge for employees or their family.

We are currently looking to fill the following positions:

- Farm Operations Associate (Full-time and Part-time)**
- Logistics Associate (Full-time)**

Please apply at sensei.ag/careers if you're interested in joining the team.

For direct inquiries please contact:
Scott Pisani at scott@sensei.ag



THE LAST WORD

December storm batters Lāna'i

By Nelinia Cabiles / Photography by Nelinia Cabiles and Russell de Jetley*

The storm that developed northwest of the main islands of Hawai'i over the December 4 weekend was called a Kona low, a seasonal cyclone that forms in the winter, outside the band of warm tropical waters that fuel tropical cyclones (earthobservatory.nasa.gov).

But no one needed weather forecasts to know a storm was coming. The sky darkened with low-lying clouds, the air grew chilly, even for Lāna'i, whose air temperature is consistently a couple of degrees cooler than O'ahu and Maui.

The main rain band struck Hawai'i Island first on December 5. It moved westward across the island chain, increasing in intensity and coverage, and brought with it howling winds that knocked down tree branches, rattled the tin roofs of plantation homes, shook windows and nerves, and flung across backyards and lawns anything that was not nailed down or secure. The storm flooded the dirt roads in Pālāwai Basin and created flash flooded rivers. Hi'i Bench 2 was a slick mud slide, unrunnable. At daylight on Monday, December 6, the tempest had quieted, the rain a fine mist, allowing a moment for Lanaians to see what it had wrought: downed tree branches, small ponds, flooding. Hulopo'e Beach Park was a brown and shallow swamp, closed for five days. The storm had loosened earth, causing runoff that emptied into the Mānele Boat Harbor. It was a typical scene of nature's fearsome power. According to the National Weather Service, 2.48 inches of rain fell on Lāna'i in a twenty-four period.

But the storm also brought mystery and awe. Michelle and Zachary Holsomback on December 6 found in their driveway and downspout, baby squid. "Squidnado?" Michelle Holsomback asked, laughing.

Apparently so. When a tornado traverses over a body of water, it becomes known as a waterspout, sweeping up into its vortex swimming fish or sea creatures. "Yes, it's certainly possible for squid to be swept up into the sky by wind patterns and then rain back down on a house or yard" when the wind speed decreases, confirmed Dr. Christopher S. Baird, assistant professor of Physics, West Texas A&M University, in an email.

It is too soon to tell how the December downpour will figure in the catalogue of storms on Lāna'i, but few could possibly top the Deluge of 2021 that rained down squid.



*Aerial view of Hulopo'e Beach Park and Hulopo'e Bay



Elton Atacador, Norraine Pascua, and Henry Costales, Lāna'i Highways Division, clear clogged drains.



Makana Cortez, supervisor, HPB, and Kai Morita, maintenance mechanic, Fleet, drain the swamp at Hulopo'e.



Mānele Small Boat Harbor



Flooded roads caused hazardous driving conditions at the bottom of the hill on Mānele Road.



*Ponding in Pālāwai Basin



Baby squid found at a home's drainspout, eight miles from the ocean. Photograph courtesy of Zachary Holsomback



A flash flooded drainage area at mile marker 9 on Mānele Road.